Things to do over Easter

There is so much to do in the school holidays

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Historic home for Town Hall

Fascinating facts about the old Royal London Hospital

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Civic stalwarts honoured

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TOWER HAMLETS eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Mum in plea over autism awareness

Appeal for understanding on service dogs

BY JESSICA ODUBAYO

A MOTHER whose disabled son uses a dog to help him in day-to-day life has called for greater understanding after a day trip turned into a tale of woe.

Katy McCafferty, who was born in Limehouse but now lives in Ireland, returned to the borough to visit family over the Easter break.

Her 12-year-old son Jimmy has autism and uses a specially-trained labradoodle, Kizzy, which assists him physically, keeps him safe and calms him down.

Last week Katy, Jimmy and Kizzy, and younger son Joe went to a newsagent in Limehouse to top up an Oyster Card, but were told to leave the shop.

"The shop keeper was very rude to us," Katy told East End Life.

"I explained our situation but he said he wasn't having dogs in his shop. I said, you can't ask us to leave, we are covered by the Equality Act 2010 and can't be refused entry to a shop with a service dog. He told me he didn't care and to shut up!

Continued on page 2

CUTTING THE CAKE ON FIFTY YEARS OF SERVICE

Staff celebrated the 50th birthday of the London Borough of Tower Hamlets this week, with a cake and balloons at the Town Hall in Poplar. For more on the birthday bash, see page 3.

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Team at your service

For more information or to make a referral to Tower Hamlets Autism Service, call 3487 1312 or email...

ELT-TR.TOWER-HAMLETS-AUTISM-SERVICE@NHS.NET

A familiar face, right by his side

"Before, Jimmy had a tendency to run away. With Kizzy, he's a different child. She calms him down. When he goes to new places, Kizzy is right by his side, a familiar face helping him if he's anxious."

KATY MCCAFFERTY, BELOW

News

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A SERVICE in Tower Hamlets works with people with autism, offering a diagnostic and brief intervention service for residents aged 18 and over.

Tower Hamlets Autism Service (THAS) welcomes referrals from individuals, GPs or other agencies such as a housing or employment organisation. It does not accept referrals from people who already have a confirmed diagnosis.

Jesse Atack, a social worker with THAS, said after accepting a referral, the team will offer an appointment for an assessment.

The service adopts a multi-disciplinary approach so the first appointment is with a THAS psychiatrist and another member of the team, such as an occupational therapist, clinical psychologist or a speech and language therapist.

Following a diagnosis, the team will then work with the resident to create a plan of action to support them to achieve their goals.

The team also runs the autism carers' drop-in, which is for anyone in Tower Hamlets who is a carer of a child or an adult with autism.

Sessions, which are held at the Parents Advice Centre in Greatorex Street, Whitechapel, feature talks on relevant topics and an opportunity for carers to share experiences and access help and support.

To encourage service users to socialise and meet new people, the team runs a social group. And for people who are on the autistic spectrum who need guidance and support to access appropriate training and gain employment, THAS has a partnership with the Job Enterprise and Training Service.

For more information or to make a referral, call 3487 1312 or email elt-tr.Tower-Hamlets-Autism-Service@nhs.net

The THAS team helps people with autism and their carers

'She's changed our lives'

Continued from page 1

"We walked out but decided not to let it ruin our day. Jimmy loves public transport so we got onto a bus, using the middle doors. I tapped my Oyster on the reader and it beeped – it hadn't enough money on it and I hadn't been able to top it up at the newsagent.

"I've lived in Ireland for 16 years and didn't know you couldn't pay by cash on a bus. An inspector got on and gave me an on-the-spot fine of £40. What started as a trip to town turned into a bit of a nightmare."

The former resident explained that, in a similar fashion to dogs for the blind, assistance dogs for deaf people, seizure alert dogs and autism service dogs make dramatic differences to the quality of life of people with autism and their families.

"Kizzy is on lease from Irish charity My Canine Companion and this is her first visit to London," Katy told East End Life.

"As a family, our lives have been transformed by having her. Before, Jimmy had a tendency to run away. He has been rugby tackled twice at airports because he ran through the barrier.

"With Kizzy, he's a different child. She calms him down. When he goes to new places, Kizzy is right by his side, a familiar face helping him if he's anxious."

Following the incidents, Katy has now contacted accessible transport organisation Transport for All to take up the matter on her behalf.

"As this is Autism Awareness Week, I want to highlight the fact that people with autism have the same access rights as those with other disabilities," Katy said.

"Without Kizzy, I wouldn't have been able to visit my mum. I wouldn't have been able to manage the two boys without help.

"She has been fantastic, giving us independence and confidence. She's changed the life of the whole family and made our time together much happier."

Katy and Jimmy, with service dog Kizzy

In the UK, Dogs for the Disabled provides assistance dogs helping children and adults with physical disabilities and families affected by autism. It also runs pet dog autism workshops and new projects working in schools and residential care.

Visit **www.dogsforthedisabled.org**

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Was cabbie a serial offender?

"Perry was a taxi driver for 25 years and I must consider the possibility he may have committed other offences. Anyone coming forward will be treated with the utmost sensitivity."

DCI SAMANTHA PRICE

Register for the big day

Make sure your name is on the electoral register to be able to vote in the General Election on May 7.

SEE BELOW

News

Sex attack cab driver jailed

BY STAFF REPORTER

Police make appeal for any other assault victims to come forward

A BLACK cab driver from Bow has been jailed for ten years and will serve another five years on licence, for sexually assaulting his passengers.

David Perry, 52, of Gayton House, Chiltern Road, Bow, committed the offences on January 27, 2013 in Highbury and on May 4, 2014 in South Woodford.

Both his victims were women in their 20s who had been out socialising before getting into Perry's taxi and falling asleep, only to wake up and find him assaulting them.

On July 9, 2014, DNA evidence from both offences was linked to one person but did not match any existing profiles on the police database.

Police investigations led them to a cab registered to Perry, who had no previous convictions.

He was arrested at his home on August 14 last year and his DNA was matched to both offences. He was charged the following day.

Perry pleaded guilty on February 2 this year to sexually assaulting two victims and was sentenced at Snaresbrook Crown Court on March 30.

Detective Chief Inspector Samantha Price, from the Met's sexual offences, exploitation and child abuse command, said:

David Perry has been jailed for ten years

"Perry's sentence reflects his crimes. As the driver of an iconic black taxi, he was in a position of trust. Sadly, he breached that trust by targeting women he perceived to be vulnerable."

She praised the women for reporting the attacks and "their strength and determination to see him brought to justice".

She added: "Perry was a taxi driver for some 25 years and I must consider the possibility he may have committed other offences that have not been reported to the police."

She appealed to anyone who thinks they have been attacked by Perry to call 8217 6446.

Council staff celebrate 50th anniversary

STAFF celebrated the 50th anniversary of the council at the Town Hall last Wednesday, April 1.

It was 50 years to the day since the metropolitan boroughs of Poplar, Stepney and Bethnal Green merged to become the London Borough of Tower Hamlets.

Long-serving members of staff joined in the festivities including Elaine Commons, who began working at the council in 1975 as a junior entrant. She now works as a finance and information manager.

Elained said: "I've worked in many different jobs across the council – even in dog licensing.It's been so nice to be joined by my colleagues throughout the years to celebrate this achievement."

Speaking before cutting a special cake designed by Cakes & Gateau in Brick Lane, director of education, social care and wellbeing Robert McCulloch-Graham, praised staff.

"In all the meetings that I have in and around the borough, I am constantly met with praise for my colleagues – testament to the achievements we've made over these many years. Here's to another 50."

The council's #50TH campaign, commemorating the past half a century, invites residents to share photos, memories and views of the borough.

To find out more or to send in your pictures, words and works, visit **www.towerhamlets.gov.uk/50**

Long-serving staff Elaine Commons and Pat Coans are pictured with Aman Dalvi director of development & renewal and Robert McCullouch-Graham

News in brief

Get on the register

THE dissolution of Parliament on March 30 marked the start of the countdown to the General Election on May 7.

And residents are reminded to make sure their name is on the electoral register to ensure they can cast their vote.

The council has sent letters to all households to remind them to register their details online.

Registering is quick and easy – go to **www.gov.uk/registerto vote** or call the elections team on 7364 0872.

The candidates for Bethnal Green & Bow and Poplar & Limehouse constituencies will be announced after 5pm this Thursday, April 9.

Vision nominated

WHITECHAPEL Vision has earned praise in the Royal Town Planning Institute Awards.

Following its 'silver' at the national Planning Awards in November, the scheme has been nominated for the Excellence in Plan Making Practice award.

Aman Dalvi, director for development and renewal at the council, said: "Being nominated for this award is yet another credit to the hard work of our planners in the council."

Teenager found

TEENAGER Chloe Fawsitt from the Isle of Dogs, who was reported missing last month was found safe and well on Sunday, March 29.

Foundation learning change

THREE head teachers have jointly decided to take foundation learning students into their schools from September, after changes to special educational needs provision at Cambridge Heath Sixth Form College.

The heads of Oaklands, Morpeth and Swanlea schools said they made the decision so students with special needs were not isolated. It would also mean a senior member of staff was on site at all times to monitor them in the same way as other students.

The three schools feed into the sixth form college, based at the Wessex Centre in Bethnal Green, where the heads said there had been staffing changes.

But many parents are unhappy with the move, among them Emma Price, whose son Bobby is autistic, and who called the closure "morally wrong".

A council spokesman said the authority was in discussion with the schools and the parents of the young people affected.

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Easter fun and games

Idea Stores are holding events during the Easter holidays, including the Sunday Arts Club at Chrisp Street.

Get on your bike at Victoria Park

The wheel park in Victoria Park boasts a full cradle and during the Easter holidays coaches will be available throughout the day demonstrating how to do tricks.

SEE BELOW

Easter out & about

Have a cracking time at during the holidays

Mile End Park
Styrofoam printing & Growing Zone activities – Tues, Apr 7, 1-3pm; Sticker making – Thurs, Apr 9, 1-3pm; Easter arts & crafts and games – Fri, Apr 10, 1-3pm. Children's playground, Locksley Street, E14.
7364 2253

Victoria Park
Urban Wheelers Jam – try out stunts, flips and air tricks in the wheel park. Free activities include skateboarding lessons, urban climbing wall, BMX biking, street dancing and graffiti wall.
Weds, Apr 8. 11am-3pm.

Ragged School Museum
Explore the world of art and design in the 19th century from the Gothic revival to William Morris plus free face painting, an under-5s play room and the Towpath Café. Free entry.
Weds & Thurs, Apr 8&9. 10am-5pm.
46-50 Copperfield Road, E3.
8980 6405
www.raggedschoolmuseum.org.uk

V&A Museum of Childhood
Activities include making paper houses, cardboard dens and disposable costumes as well as creating a picture book with author David Lucas. There will also be a pop-up paper performance orchestrated by artists from Cabinet of Curiosity.
Free, all ages.
Until Sun, Apr 12. Times vary.
www.vam.ac.uk/moc

Olivia and Terrie showing their sun eggs at Mile End Park

Centre of the Cell
Meet Melissa, a newborn monster trying to find her mummy! Along the way she makes new friends who teach her about the living things, cells and DNA. Each session offers the chance to take part in a show inside a cell-shaped Pod, suspended over the laboratories of the Blizard Institute. For children aged 4-8 and families. Adult (16+), £7; children aged 3-15, £5, concs £5, under-3s free. Weds, Apr 8, 10am-12 noon & 2-4pm; Fri, Apr 10, 10am-12 noon.
For children aged 7 and over there is **Snot, Sick and Scabs, and Sensations** – see **www.centreofthecell.org**
Blizard Institute, 4 Newark Street, E1.
7882 2562
http://centreofthecell.eventbrite.co.uk/

Geffrye Museum
Gardens Galore – create seasonal headwear, plant seeds and make baskets. Free, for ages 5-16.
Tues-Fri, Apr 7-10. 10.30am-12,30pm & 2-4pm.
136 Kingsland Road, E2.
7739 9893

Hundreds of homes refurbished

Between 2009 and the end of 2013, more than £220 million has been spent on the Ocean Estate with more than 1,200 council homes refurbished and new community facilities provided.

SEE STORY BELOW

It's free to tea

The council is holding a tea dance on St George's Day – admission is free but tickets must be booked in advance.

DETAILS BELOW

News

New phase under way in Ocean regeneration

BY SAM GOUGH

WORK has begun on the next phase of the Ocean Estate regeneration.

This will see the demolition of three poorly designed blocks on the estate, which will be replaced by 225 new homes for affordable rent and shared ownership.

The demolition of Allonby, Channel and Studland Houses, is part of an ambitious project to transform the Stepney estate.

The new homes will be built by East Thames Housing Association and 54 per cent will be affordable housing – 92 for affordable rent and 29 for shared ownership.

This next phase will see approximately £13 million invested in the Ocean, including £3.9 million from the Greater London Authority.

Between 2009 and the end of 2013, more than £220 million has been spent on the estate, with more than 1,200 existing council homes refurbished.

So far, more than 800 new homes have been built and new community facilities have also been provided, including a community centre offering an extensive GP service, housing services, and space for community groups.

Aman Dalvi, director for development and renewal at the council, said: "It's a new, inclusive community that has delivered, and will continue to deliver, positive change to people.

"It is a brilliant example of how to ensure the community is involved in the changes going on around them."

Make merry on St George's Day

A SERIES of free special events have been lined up to celebrate St George's Day.

The festivities will begin on the day itself, Thursday, April 23, when the council invites older residents to a tea dance at the Art Pavilion in Mile End Park.

There will be live music from The Sunshine Kings who will play a selection of jazz, swing, traditional and vintage favourites.

A dance leader will be on hand to help the afternoon go with a swing by stepping out in style and encouraging residents on to the dance floor.

Light refreshments will also be provided at the dance, which runs from 2-4.30pm. Admission is free, but it is essential to book in advance from this Tuesday, April 7 – call 7364 7924 from 9.30am-1pm or email **festivalsandevents@towerhamlets.gov.uk**

On Saturday, April 25 the council and the V&A Museum of Childhood in Bethnal Green will host a traditional day of merriment to pay homage to England's patron saint.

The museum in Cambridge Heath Road will be staging old-fashioned games and entertainment between 11.30am and 4.30pm.

No booking is necessary, just turn up on the day. For more details call 7364 7907.

AFTER a week of wind and rain, the sun came out just in time for the Easter hat parade at Cubitt Town Infants School on the Isle of Dogs. Children made Easter hats at home with their parents and then proudly paraded them around the playground. Following the parade, parents were invited back to the classrooms for refreshments made by the children.

Scholar publishes second Bible translation

A SCHOLAR of South Asian languages who produced the first ever translation of the Bible in Sylheti, using Bangla script, has now published an edition in Sylhet's historic Nagri script.

James Lloyd-Williams, who has lived in Tower Hamlets for more than 40 years, saw the new edition published in time for Easter.

And last week he took it to a reception marking the 44th anniversary of the independence of Bangladesh where he was introduced to the High Commissioner of Bangladesh, Mohammed Abdul Hannan, and his senior staff.

Study groups for those wanting to learn the Sylheti Nagri script have been started at Shantir Boi (charity bookshop and library), 49 Fashion Street, off Brick Lane, and Books for Life, 305 Cambridge Heath Road, E2.

For more details visit **http://shantirboi.org** or email **james_lloyd-williams@kastanet.org**

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Memorable moment

"They even made the paddles, and it was a wonderful moment when they launched them on the water."

JONATHAN CARVER, BELOW

A school with a difference

Ian Mikardo High School's focused programme of education and intervention supports young people who have complex social, emotional and behavioural difficulties.

YOUTUBE star Humza Arshad, better known for his comedy sketches Diary of a Badman, visited Sir John Cass' Foundation and Red Coat School in Stepney.
The visit was part of a tour to promote a new video urging youngsters to avoid extremist Islamic views.
Humza has teamed up with counter-terrorism police to create the video – Think for Yourself – which addresses some of the issues affecting young British Muslims.
The comedian surprised students, appearing midway through the school assembly to talk about the film.
One student said: "The video helps us understand the dangers of radicalisation and by someone who can relate to us."
Nadiyah Patel, marketing co-ordinator at the school, said the latest video made students laugh and got them thinking about how they can help prevent extremism among their peers.

Students build and float their own boats

BY JESSICA ODUBAYO

STUDENTS from a Bow school have been messing about in boats – which they built themselves.

The 11 youngsters from Ian Mikardo School spent a day on a Hackney reservoir following a 15-week project that started in the school's woodwork room with scale models.

They put in hours of dedicated work, and the result was three brightly painted Mouse boats, following the design of the boat builder Gavin Atkin.

Woodwork instructor Jake Hally-Milne said: "Completing the project by building boats they could use on the water was a massive achievement.

"There were days when they found it hard to visualise getting on to the reservoir, and it's to their great credit that they succeeded – and showed how skilful they are in getting boats to move around."

Jonathan Carver, the school's boat building instructor, said: "Each boat uses one and a half sheets of plywood and is straightforward to make, and if you make something that's practical, that's a great way to boost self-esteem.

"They even made the paddles, and it was a wonderful moment when they launched them on the water."

The students each had their own strengths on the water – while Harry "was a natural" in getting the boat to move around, Connor was seen to have an instinct for feeling the wind and using it to manoeuvre.

Mr Carver added: "They showed what they can achieve when they concentrate and they got the reward they deserve in a fun day out."

Instructors gave each of the pupils a ride in one of the quick-response rescue boats.

Braden, who ended up jumping into the icy water, said: "The speed boats were the best fun. That was one of the best days of my life."

Engineering masterclass

SCIENCE and Engineering Week last month provided a chance for students at Stepney Green Maths, Computing and Science College to learn about the work of a global engineering group.

On a visit to the City offices of AMEC Foster Wheeler, they were given an insight into the company's work, including one of their oil rig construction projects in the North Sea.

The 18 students are all mentored by staff at the company as part of the business mentoring programme run by Tower Hamlets Education Business Partnership (THEBP).

The mentors put together a programme of activities and the boys had the chance to put their design and construction skills to the test, making structures using children's building blocks and spaghetti.

Aslam Uddin, 14, whose team won the challenge, said: "The morning opened up my eyes to different types of engineering."

Pupils recreate Great Fire

MODEL houses were burned in the playground at Elizabeth Selby Infants, Bethnal Green in a re-enactment of the Great Fire of London.

The event was the culmination of a term's work in which infants in year 2 studied the fire that destroyed huge swathes of the capital in 1666.

Head teacher Tej Stride was chief fire officer for the day and Thomas Farriner, whose bakery in Pudding Lane was the site of the start of the fire (played by a year 2 teacher), 'visited' the pupils.

Teacher Shahi Ahmed said the activity showed the children how easily the fire spread.

YEAR 9 history students at Bishop Challoner School travelled to Belgium to pay their respects to those who lost their lives in World War I.
They visited Sanctuary Wood museum, which has a reserve trench preserved from the Great War.
Groups visited Tyne Cot and Langemark cemeteries and laid wreaths in honour of soldiers who lost their lives.
Molly Radford, one of the students, said: "Experiencing the trench from WWI gave us an insight into the conditions soldiers had to live in."
Jennifer Bier, also a Tower Hamlets Cadet, said: "It was a privilege to wear cadet uniform whilst laying a wreath at a German cemetery so we can mark the losses on both sides."
Ms Crummay, the history teacher who organised the trip, said: "It was an absolute honour to take a group of historically curious students to such an important area."

Café help for ex-addicts

Paper & Cup cafés, run by local charity, the Spitalfields Crypt Trust, train and provide employment opportunities for people who have gone through an addiction recovery programme.

WWW.PAPERANDCUP.CO.UK

Site for waste

The Watts Grove site was previously used as a depot for the council's waste and street cleaning operations.

News

COMEDIAN, author and self-confessed former drug addict, Russell Brand, has opened his first coffee shop using inspiration from a Tower Hamlets charity.

Paper & Cup, which has shops in Bethnal Green and Poplar, is run by Spitalfields Crypt Trust, and trains former addicts to become baristas.

Mr Brand's new enterprise Trew Era, based in Hoxton, also aims to provide employment for recovering drug addicts. It is based on the New Era council estate where the activist campaigned with residents to save them from eviction.

Former Paper & Cup employee Gary started work at Trew Era on the day it opened, March 26.

"It's exciting – I'll be working here three days a week. I'm a trained barista and I know about the coffee side of it because I was trained at Paper & Cup," he said. "Everything I know about working in a coffee shop I learnt at Paper & Cup. I had never worked in a shop before but working there I learnt about customer service and that gave me a lot of confidence."

Graham Marshall, chief executive officer of Spitalfields Crypt Trust said: "We're delighted that another café will be opening to employ more people in recovery. The two biggest triggers of addiction are the loss of a job or a failed relationship and they can happen to anyone.

"Hopefully more cafés like this will start to employ people in recovery and help us de-stigmatise addiction."

Russell Brand joins the crowds after taking part in the People's Question Time debate at York Hall last October

Photo by Kois Miah

News in brief

Add some style

IF you want to revive your spring wardrobe get along to a clothes swap event called swishing on Saturday, April 11.

Swishing enables you to take up to ten items of clean clothing, shoes or accessories to swap for tokens to spend on other donated items. It takes place from 1-4pm at the Brownfield Cabin, St Leonard's Road, Poplar. Visit **http://tinyurl.com/opj3tg2** to book a place.

Share your story

EASTSIDE Community Heritage wants to hear from people with stories about the recently closed Joiners Arms. The history group wants to record people's memories of the Hackney Road, Bethnal Green, pub. To share your story email **abigail@ ech.org.uk**

The big ciggies cover-up starts

BY STEFAN SWIFT

RETAILERS in Tower Hamlets are reminded that all displays of tobacco products must be covered up from this Monday, April 6.

New legal requirements mean that all businesses must hide from public view any tobacco products they sell.

There are also specific rules for how you display the prices of tobacco products.

Large retailers have had to cover tobacco displays since 2012 and now the law is coming into force for small and medium-sized businesses.

The new law applies to all businesses selling tobacco products to the public, not just shops but also licensed premises such as pubs and clubs.

It will also be illegal to display adverts of tobacco products.

It now means it is against the law to show, as well as to sell, tobacco products to any customer under the age of 18 years. Retailers are reminded to always ask for ID before displaying products to a customer.

The law will allow temporary displays of tobacco products in some circumstances such as when someone over 18 requests to buy or see tobacco products or when staff show products when re-stocking. Non-compliance with the new legislation is a criminal offence.

Any person, including shop managers and shop assistants, found guilty of these offences is liable.

The council is calling on retailers to ensure all staff are trained in the changes – the council's underage sales and responsible trader scheme can provide tools to help businesses avoid underage sales.

For more information visit **www.businesscompanion.info** Alternatively call Tower Hamlets Consumer and business regulations service on 7364 5008 or email **tradingstandards @towerhamlets.gov.uk**

Your chance to become a big screen star

LIMELIGHT Film Awards, the annual short film competition, with 12 film categories and a £10,000 production prize, has extended the deadline for submissions to 5pm on April 30.

The aim of the awards is to promote, celebrate and recognise film makers, offer them educational opportunities and support.

For further information visit the website at **www.limelightawards.com**

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TOWER HAMLETS

For your information

Parking to pest control, housing to hate crime

TURN TO PAGES 14 & 15

Change a barrier to disabled voters

"I think it is vital that disabled people let prospective candidates know about the things that matter to them because so often people think the battle on integration has been won."

TANNI GREY-THOMPSON, PICTURED

Useful information

Disabled people boost registration

News from disability organisation Real

DISABLED people from Real are taking an election bus to the streets of Tower Hamlets on Friday, April 17 to promote voter registration ahead of the General Election.

Traditionally, deaf and disabled people have faced barriers to voting, from polling stations that aren't wheelchair accessible, to a lack of information about candidates in accessible formats such as 'easy read' and British Sign Language.

The move to individual electoral registration has created more barriers for disabled people who cannot access online registration. It is estimated that since the change, more than one million voters are missing from the electoral roll.

Real, Tower Hamlets' disabled people's organisation, has joined up with Operation Disabled Vote which is a national voter registration campaign. Together we want to encourage everyone to use their vote in the country's general election on May 7.

The event is neutral on party politics. It's about making sure that disabled people know how to register to vote and know how to vote, either on the day or using postal votes.

Disabled people make up one in five of the population, yet recent coverage in the media in the Mirror newspaper and on the BBC shows that many disabled people feel that their voice won't be heard and they can't make a difference. But by voting you can.

We hope to be hosting the event at Watney Market Idea Store between 2-4pm on Friday, April 17.

We will be giving out accessible information on how to register to vote, how to vote, information on access standards you can expect at polling stations, and easy read copies of

party manifestoes. Everyone is welcome.

We are organising final permission to do this. For the latest information on the event visit our website at **www.real.org.uk** or call Real on 7001 2177.

"Real already delivers a range of services to support disabled people in our area to participate in equal society," said Mike Smith, chief executive of Real.

"Our Local Voices project helps the council hear the views and opinions of local disabled people. We are really excited to be involved in this important project, which is all about making sure that people with disability and long-term health conditions in our borough have their voice heard at a national level as well. We need to make disabled voter power really count."

Baroness Tanni Grey-Thompson, the former Paralympian, said: "It is really important that disabled people not only register, but turn up to vote at all levels of elections.

"I worry that the voice of disabled people will be lost, and they have an important part to play in what could be a very close election. I think it is vital that disabled people let prospective candidates know about the things that matter to them because so often people think the battle on integration has been won.

"Things may be better than they used to be, but we should not stop where we are."

Real will also be using the opportunity to explain to local disabled people more about what we do as an organisation and how you can get involved.

We are a user-led organisation, run and controlled by local disabled people.

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.
Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.
Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.
Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.
Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.
Forward, 648 Mile End Road: Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.
Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.
Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.
Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat 9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor).

To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

Family Information Service (FIS)
The Family Information Service provides information for people from birth to age 19 including helping parents and carers find high quality childcare, advice on tax credits and childcare vouchers.
Open Mon-Fri, 8am-6pm.
30 Greatorex Street, E1.
fis@towerhamlets.gov.uk
7364 6495

Tower Hamlets Home Birth Support Group
Last Thurs of each month, 8pm.
31 Ridgdale Street, E3.
8981 1159

Parents Advice Centre (PAC)
Offers impartial advice around special educational needs (SEN).
30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9:30am-3.30pm.
7364 6489

LinkAge Plus
Toynbee Hall is one of five network centres that co-ordinates services and activities provided.
Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group.
Toynbee Hall, Commercial Street, E1
7392 2914
www.toynbeehall.org.uk

Welfare advice

All the organisations listed below can help you with welfare benefits, housing and general debt problems.

Account 3
1-9 Birkbeck Street, E2.
7739 7720
www.account3.org.uk

Bangladesh Youth Movement
21-23 Henriques St, E1.
7488 1831/2

Bromley by Bow Centre
St Leonard's Street, E3.
8709 9737 www.bbbc.org.uk

Citizens Advice Bureau (CAB)
32 Greatorex Street, E1.
7247 1050
www.adviceguide.org.uk

Island Advice Centre
Island House, Roserton Street, Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

Legal Advice Centre
University House,
104 Roman Road, E2.
8980 4205
www.legaladvicecentre.org.uk

Limehouse Project
Cheadle Hall, Cheadle House, Copenhagen Place, E14.
7538 0075
www.limehouseproject.org.uk

Praxis (New Residents Service)
Pott Street, E2.
7729 7985
www.praxis.org.uk

Tower Hamlets Law Centre
(specialist advice by appointment).
Tower Hamlets Law Centre, Unit 1, St. Anne's Street, off 789-791 Commercial Road, E14.
7538 4909
www.thlc.co.uk

Debt advice

Toynbee Hall Advice Service
28 Commercial Street, E1.
7392 2953
advice@toynbeehall.org.uk
www.toynbeehall.org.uk

Fair Money Advice
530 Commercial Road, E1.
7702 8032
www.fairfinance.org.uk

Island Advice Centre
Island House, Roserton Street
Isle of Dogs, E14.
7987 9379
www.island-advice.org.uk

National Debt Line
0808 808 4000
www.nationaldebtline.co.uk

Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email **eastendlife.news@towerhamlets.gov.uk** and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name .....

Address .....

.....

Issue no. **Page no.**

Award-winner for business

The Anna Fiorentini School has won several awards over the past few years and helped launched the careers of performers including The Voice winner Jermain Jackman.

SEE BELOW

Community chest

Funding is available for projects aimed at improving community relations. For further information, go to

WWW.TOWERHAMLETS.GOV.UK

News

£50,000 to build up communities

THE council is making £50,000 available for resident groups and resident-led organisations to develop projects that improve and also empower community relations across the borough.

The fund aims to bring communities together through exhibitions, cultural activities and celebrations that help to break down the barriers to understanding between different faiths, cultures and beliefs.

The small grants funding is also available to set up neighbourhood agreements over an eight-month period from June 2015 to January 2016.

The deadline for applications is noon on Friday, April 24 and successful projects will be notified by May 22.

For further information, go to **www.towerhamlets.gov.uk** or telephone Tahir Alam on 7364 5064 or email **tahir.alam@towerhamlets.gov.uk**

CURTAINS were raised for the final time for students at the Bethnal Green branch of an award-winning theatre and film school, as the principal announced its closure.

Anna Fiorentini, head of the school which bears her name, said the branch was set to close, due to lack of funding.

Making the announcement to an audience of more than 500 people at a performance by students on March 28, Ms Fiorentini said she hoped to become less reliant on funding and to be able to provide bursaries to children.

As well as running other branches, the school has launched Stage & the City – after-work classes for adults. For more information, visit www.annafiorentini.com

Get on course to find a job

WOMEN who are seeking work or training can enrol on a free course, starting on April 22.

Bounce Back to Work is aimed at building confidence, communication skills, practical employability skills such as job searching, and CV writing, and interview techniques.

The programme, running over 12 sessions delivered twice a week on Wednesdays and Thursdays from 10am-12.30pm, will feature a work placement for each participant and also give pointers to further training.

The course wil be held at the Business Development Centre, 7-15 Greatorex Street, Whitechapel.

To apply, call Sarah on 07552 948397 or email **bounce-towork@gmail.com**

Former addicts tell their stories

BY ANNA WILSON

RESIDENTS who have overcome drug and alcohol addictions thanks to treatment programmes offered by the council spoke about their roads to recovery.

Tower Hamlets' Drug and Alcohol Action Team hosted the event on March 19 at the Professional Development Centre, Whitechapel, to enable current and previous clients to share their success stories.

The event had a variety of information stalls that support clients in seeking employment, training, making improvements to live a healthier lifestyle, volunteering and other life enhancing skills.

Over 100 people were in attendance, with 27 clients awarded a certificate of achievement, for maintaining recovery and motivating other clients, going on to training, volunteering and securing employment.

More than 250 residents successfully complete drug or alcohol treatments each year – over a third are in employment or training by the time they leave and all report improvements in their physical and mental health and quality of life.

The event concluded with a moving drama delivered by professional actors sharing the life experiences of people who overcame their addictions.

Dr Somen Banerjee, director of public health at the council, said: "If you are worried about your alcohol or drug use, you can speak to your GP or contact a local service."

For a list of local services visit **http://tinyurl.com/qzdyt5q** or call the community drugs team on 7790 1344 or the alcohol team on 0800 008 7200.

Marner first to have equalities action plan

MARNER Primary School in Bow has become the first school in the borough to complete an equalities action plan.

And it celebrated with an assembly on March 27.

The council has been working with all state-maintained schools to develop equalities action plans, which will provide a framework for a supportive school life for children.

Staff and school children at Marner already work with Phoenix School, a special school supporting children with disabilities.

Marner is also working with a school in Rwanda to explore similarities and differences in life and learning.

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WINNER PRECIOUS AWARDS 2014

Winner of 'Social Enterprise of the Year' at the Precious Awards in October 2014, presented by Doug Richard from TV's Dragon's Den. This was in recognition of our work to support unemployed local women into employment.

www.threesisterscare.co.uk

Care Quality Commission

St George's Town Hall
236 Cable Street
London E1 0BL

Increased health risk

More than eight out of ten cases of ovarian cancer occur in women over the age of 50.

WWW.NHS.UK/CONDITIONS/CANCER-OF-THE-OVARY

Air ambulance's charity campaign

London's Air Ambulance is hoping to raise £4.4 million to acquire and sustain a second helicopter for London and extend its daylight flying hours for five years. To donate, go to...

WWW.YOURHELICOPTER.LONDON

Tower Hamlets to pioneer health and social care deal

BY JESSICA ODUBAYO

TOWER Hamlets is among the first to blend health and social care funding for individuals, allowing them to take control of how it is used.

The first wave of the Integrated Personalised Commissioning (IPC) programme went live on April 1, providing around 10,000 people who have complex needs with greater power to decide how their combined health and social care budget is spent.

Four groups – older people with long-term conditions, disabled children, people with learning disabilities and those with serious mental illness – will have control of their budget according to a plan agreed with their care team.

As part of this, voluntary organisations will help patients with personal care planning and advocacy.

Last summer, local partnerships of NHS bodies, councils and voluntary organisations were invited to transform the care of the most vulnerable.

After a rigorous shortlisting and interview process, eight demonstrator sites were selected for the first wave.

By March 2017, partners in Tower Hamlets want personal health budgets to include people with long-term conditions, particularly adults and children with complex health needs including significant mental health problems; and people eligible for jointly-funded continuing healthcare, for whom providing a seamless service linked to the local authority is important.

Jane Milligan, chief officer at NHS Tower Hamlets Clinical Commissioning Group (CCG), said: "This is extremely good news. Integrated care enables people in Tower Hamlets to live well for longer, enabling access to treatment more quickly so people can lead more socially active, independent lives while reducing the cost to the NHS through fewer admissions to hospital."

Robert McCulloch-Graham, director of education social care and wellbeing at the council, said: "It is fantastic news to be recognised as a pioneer for this project; integrating a one-stop shop approach has made it easier for patients to receive a single assessment that covers all aspects of healthcare."

TWO short videos have been produced to show how integrating health and social care and sharing information is supporting residents.
Integrated care is part of a five-year plan launched last year by Tower Hamlets Clinical Commissioning Group (CCG) to transform services.
As well as enabling them to live well for longer, residents stay out of hospital and can access treatment when and where they need it.
The scheme is explained in the videos which focus on fictional east London couple Govinda and Ayehsa Patel. Govinda's health has recently deteriorated and he suffers from bronchitis and has developed diabetes.
Before the integrated service, different providers managed Govinda's health and social care, which meant frequently explaining his health to numerous people and long journeys to receive care.
The changing practices mean providers will now work together to make sure that Govinda has all of his needs met in a way that works for him.
For more information about integrated care and to view the videos, visit www.towerhamletsccg.nhs.uk

News in brief

Advice on spotting the signs of ovarian cancer

WOMEN are being advised to get to know their bodies and recognise the symptoms of ovarian cancer.

It affects nearly 7,000 UK women each year but only three per cent are confident in spotting any symptoms.

In Tower Hamlets, it is estimated that 44 women were diagnosed with ovarian cancer between 2010 and 2012.

Early symptoms include persistent bloating, pain in the pelvis and lower stomach, and difficulty eating.

Sir Sam Everington, GP and chair of NHS Tower Hamlets CCG, said: "People will recognise a change in their bodies. If you notice something out of the ordinary, or think that you might be experiencing any of the symptoms associated with ovarian cancer, you should make an appointment to speak with your local GP."

In ovarian cancer, cells in the ovary change and grow abnormally. If it is not identified at an early stage, it can spread to nearby areas, including parts of the reproductive system.

There are no guaranteed ways to prevent ovarian cancer, but maintaining a healthy diet and lifestyle may help lower the risk of developing the disease.

Dr Somen Banerjee, director of public health at the council, added: "If a woman has had two or more close relatives who have developed ovarian or breast cancer, they may be at higher risk of developing the condition.

"Be aware of the symptoms and see your GP promptly if you have any concerns. You're not wasting anyone's time by getting a symptom checked out."

Barts chief steps down

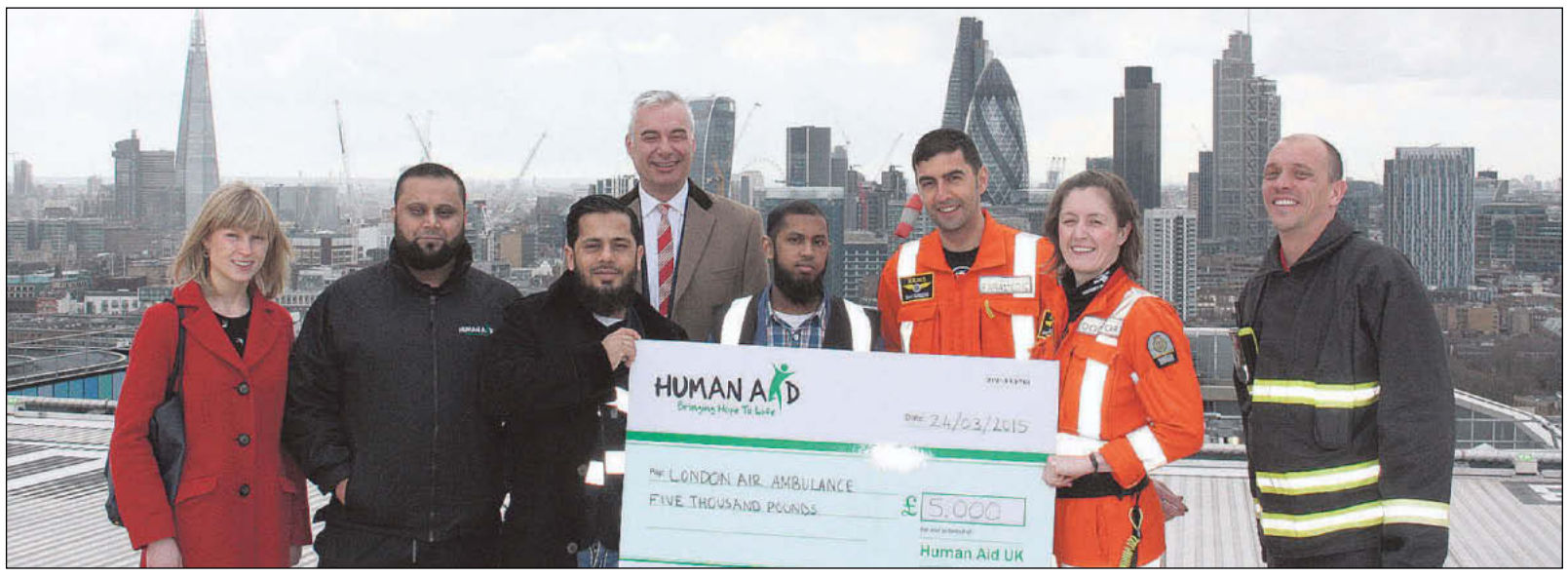
THE chairman of Barts Health NHS Trust has stepped down.

Sir Stephen O'Brien lead the trust board for three years, prior to which he was chairman of Barts and the London NHS Trust and chaired Tower Hamlets Primary Care Trust (PCT).

Sir Stephen, who has lived and worked in east London for 25 years, was instrumental in the creation of Barts Health and said that now was the right time to hand over to a successor.

He plans to focus on his other interests, particularly in mental health.

Sir Stephen said: "I am proud to have worked closely with so many inspirational and passionate people who are deeply committed to tackling the healthcare needs of east London and changing lives for the better."



A FORMER patient joined fellow charity workers to hand over a £5,000 donation to London's Air Ambulance.
Runu Miah is a volunteer with the borough-based international relief charity Human Aid UK and wanted to raise money for the air ambulance's trauma team which saved his life.
Mr Miah was riding his moped in Haringey, north London in 2009 when a car collided with him, leaving him fighting for his life.
"I was slightly conscious and I could hear the paramedics and the doctor from London's Air Ambulance talking," he recalled.
"It took about 15 minutes to arrive at the London Hospital, where blood was ready for transfusion as soon as we touched down.
"I wanted to do my bit for the local community and give back what I can to London's Air Ambulance by running a campaign through a charity such as Human Aid UK."
He thanked the emergency helicopter service for saving his life and stressed the importance of supporting the charity.
For more details, visit yourhelicopter.london

200 year old building survives

The Pennington Street Warehouse, built between 1804-1806, is the only substantial building to survive from the former London Dock, the first enclosed commercial dock in the capital.

SEE BELOW

Support for artists

Bow Arts was established in 1955 as an educational arts charity and supports a community of more than 400 artists.

WWW.BOWARTS.ORG

Plans for an art studio

AN educational arts charity is seeking to develop studios for emerging artists in the historic former News International building in Wapping.

And it is encouraging residents to get behind a campaign to create affordable work spaces for the young designers.

To mark its 20th anniversary this year, Bow Arts plans to open 90 new artist studios in the grade II listed Pennington Street Warehouse that was used by the newspaper company for offices and storage.

The charity is asking for donations that will give artists in the early stages of their careers, the support and opportunities they need to grow their ideas.

A spokesman for Bow Arts said: "We provide artists with studios, charging affordable rather than commercial rents and the rental income directly supports a nationally recognised education programme for 70 schools across the city.

"This is an amazing opportunity to grow and develop a new community of artists' studios in London."

Visit **www.bowarts.org**

Volunteers keeping it clean – and green

BY STEFAN SWIFT

VOLUNTEERS have been cleaning up waterways and a new public square as part of a Keep Britain Tidy event.

A group recruited by the council's Clean and Green team took part in a canal clean-up by Lark Row Community Garden in Bethnal Green.

After meeting at Old Ford Lock, they travelled by boat to Lark Row, where they were able to clear litter from the canalside and cut back huge amounts of vegetation – mainly consisting of overgrown buddleia bushes.

The shrubbery had started to grow over the Lark Row railings that border the waterway and clearing it proved hard work for the volunteers.

Canal and River Trust group leaders Paul Crowhurst and Chris Read led the clean-up.

Clean-up volunteers Khadija, Emdad, Ankur, Gemma, Christine and Chris

Meanwhile, around 30 volunteers from McDonalds were joined by eight community volunteers and another eight recruited by the council's waste contractors, Veolia, to clean up Fleet Street Hill in Shoreditch.

The new community space is being led by a group called 1Love Community who have been given the area on a temporary basis before developers start work on the site.

It will become a garden that will hold community events and the group will also grow produce on raised beds so when they move from the site they can distribute them around the borough.

To find out more about cleaner, greener volunteering call 7364 6696 or email **cgv@towerhamlets.gov.uk**

If you would like to take part in future regular towpath clean-ups or would be willing to take part in other volunteering, visit **http://canalrivertrust.org.uk/volunteering**

New app to help walkers

A SERIES of mini walking tours has been developed into a mobile app so that others in the borough can follow their trail.

Sixteen people, aged 15 to 96, went on the walks during which they wove together personal stories and reminiscences with broader social history.

The app, called In My Footsteps, is available for free on the Apple App store.

It was developed by arts and cultural organisation Manifesta working with several organisations such as Tate Britain and Tower Hamlets History library.

For further information visit **www.manifesta.org.uk/our-work/in-my-footsteps.html**

See history page 13

WITH the start of spring and the duckling hatching season, a waterways charity is encouraging Londoners to make changes to how they feed the ducks.

The Canal & River Trust says six million loaves of bread are thrown into canals and rivers every year, potentially polluting the water and damaging thousands of ducks' homes.

Throwing bread into a canal or river can create overcrowding of bird populations, as they will flock to the same location in search of the starchy treat. This in turn can stress the birds and lead to their habitats being damaged as well as creating excessive amounts of smelly and slippery bird waste which can affect water quality and create harmful algae.

Chantal Dave, ecologist for the trust, urged residents to swap bread for healthier and more natural treats such as oats, corn or defrosted frozen peas.

A duck family photographed by Oliver Lynton

The charity has created a free booklet with tips on the right food to feed the ducks and activities for children.

To receive a booklet and free duck treats pouch, text DUCKS to 70060.

For more information visit www.canalrivertrust.org.uk/duck

News in brief

Travelling the world

TWO residents will between them travel to five countries across three continents after they were awarded travelling fellowships to carry out a range of projects abroad.

Adjoa Anyimadu, an events co-ordinator, and Ione Maria Rojas, the founder and manager of a project to combat social isolation in older people, received grants from the Winston Churchill Memorial Trust.

Ione, who runs Furry Tales which provides animal-assisted activities from Stepney City Farm, will be visiting related projects in Israel, Palestine and the USA with the aim of discovering best practice.

And Adjoa will be travelling to Germany, the Netherlands and the USA to explore the future of museums, with a focus on museums as cultural and community hubs.

Visit **www.wcmt.org.uk** for more details.

Gated community

A GROUP of loyal people in Whitechapel has raised £4,000 for a gate in an alleyway near their homes.

Residents of Coopers Close have been campaigning for four years to have a gate put up in Cleveland Way Alley to help prevent violent crime, drug dealing, prostitution and anti-social behaviour.

It follows plans by the council to erect gates in Five Bells Alley under a Public Spaces Protection Order.

A planning application for the gate has been submitted to the council supported by the area's neighbourhood police team.

Charity bargains

HOMELESSNESS charity Crisis is continuing to run a pop-up shop at its Crisis Skylight Café, 64 Commercial Street, Spitalfields.

It will be open on Sundays, April 12 & 26 and May 10 when clothes on sale will include men's and women's coats and jackets, tops, jumpers, scarves, gloves, hats and bags.

Details at **www.crisis.org.uk**

Half a million reasons

The Greater London Authority recently awarded over £500,000 to Whitechapel through its High Street Fund.

WHITECHAPEL VISION
WHAT NEXT WHITECHAPEL?

Prizes for Whitechapel Vision scheme

Following its 'silver' at the national Planning Awards in November, the Whitechapel Vision scheme has been nominated for another prize in the Royal Town Planning Institute Awards.

Feature

New town hall plan set to save the London and kickstart regeneration

BY SAM GOUGH

THE old Royal London Hospital was sold to the council for £9 million in February and plans are currently being drawn up for a civic hub which will ensure the heritage of the site is retained.

With more people working in and around Whitechapel, it is hoped the hub will act as a economic boost for the area, and be a catalyst for regeneration.

The new civic centre will be funded through efficiencies made by the council, and is just one of a number of changes that will be taking place in Whitechapel over the coming years.

With the opening of the new Crossrail station in 2018, Tower Hamlets has identified Whitechapel as a growth opportunity waiting to happen.

The Whitechapel Vision plans, launched in March 2014, have generated a lot of support from residents and businesses, along with strategic partners involved in the delivery of the project.

The plans wons silver at the national Planning Awards in November 2014, and recently received a funding boost from the GLA's High Street Fund.

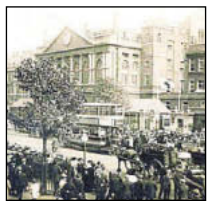
And it has now been nominated for a Royal Town Planning Institute award.

Once the developments and other improvements have been completed, Whitechapel will have:

- up to 3,500 new homes delivered by 2025, including a substantial number of family and affordable homes;
- 5,000 new jobs;
- a completely transformed Whitechapel Road;
- seven new public squares and open spaces;
- rejuvenated town centre.

The council has created a new project team, who are currently working with a number of organisations to regenerate and transform the area by undertaking discussions with key landowners on development opportunities.

The team will also consult with residents and work closely with the Whitechapel Vision strategic partners – the mayor of London and Greater London Authority (GLA), Transport for London (TfL), Barts Health NHS Trust, Queen Mary University of London, L&Q London Housing Association and Sainsbury's.



> The old Royal London's history will continue into the future.

Things you might not know about the new town hall

The Royal London Hospital has a long and illustrious history. Here are just a few fascinating facts.

The hospital has been around since 1740. It was founded as The London by businessmen and philanthropists. It was intended for the sick and poor among the merchant seaman and manufacturing classes.

The Royal London moved to Whitechapel in 1757. The hospital governors appointed a committee to choose a site for a purpose-built hospital. Whitechapel was selected and building work began in 1752. In 1757, the new hospital was partially opened. It was designed by Boulton Mainwaring at a cost of £18,000.

The hospital relied on public generosity for more than 200 years. It opened in 1757 with only one shilling (5p) in the bank – so it was heavily reliant upon charity. The hospital continued to thrive and grow for more than 200 years.

The hospital helped to train many generations of nurses. By 1873, the hospital had opened its own school of nursing, which became the largest nurse training school in Britain. Nursing care and nurse education flourished at the hospital, inspired by Florence Nightingale, who was an honorary governor.

Doctor Barnado trained at the Royal London. Thomas John Barnardo became a medical student at the Royal London in 1866. During his medical studies, he became acutely aware of the great number of homeless children on the streets of London. In 1870, he set up the first of his Dr Barnardos homes in Stepney Causeway.

Queen Victoria popped in. One of the first public appearances of Queen Victoria, following the death of her beloved husband Albert, was to open the Grocers Wing in 1876.

The 'Elephant Man' was admitted to the hospital. Joseph Merrick, known as the 'Elephant Man', was admitted to the hospital where he lived until his death in 1890. During his four years at the hospital, Merrick's condition gradually deteriorated. He required a great deal of care and spent much of his time in bed. Following his death, doctors dissected his body and took plaster casts of his head and limbs. His skeleton remains in the pathology collection at the hospital.

The first wounded from World War I came to the Royal London. The first soldiers to return from the Western Front during WWI went straight to the historic hospital. The war had a devastating impact on hospitals up and down the country, as they accumulated large debts, and many had to introduce charges for patients. At the Royal London, they had to means test patients.

The hospital played a big part in organising emergency medical services during the Blitz. World War II saw the hospital get even busier and it played a central role in organising emergency medical services to the north and east of London. It also suffered heavy damage during the Blitz. Staff and patients were evacuated to hospitals outside London but essential services such as accident & emergency and midwifery remained at Whitechapel.

The hospital became part of the National Health Service in 1948. From its opening, the hospital ran on donations. But in 1948, the Royal London became part of the NHS.

The hospital became Royal in 1990. In 1990, the hospital was granted a royal title by the Queen, in celebration of the 250th anniversary of its opening in Whitechapel.

It hosted the first helicopter emergency medical service in Britain to carry a doctor on board. London's Air Ambulance, based at the Royal London, became operational in 1999. It was the first helicopter emergency medical service in Britain to carry a doctor on board.

The hospital helped 208 patients following the July 7 London bombings. The Royal London has survived some of London's darkest times and, in 2005, it received and treated 208 patients injured in the July 7 terrorist bombings. The Queen visited the hospital to thank staff for their hard work.

The hospital's next chapter is about to begin... Construction on the new hospital began in 2007 and it was opened on March 1, 2012. The old Royal London will soon be transformed into a new town hall. And so its history will continue into the future.

Tribute to campaigner Will

Poplar Labour MP Will Crooks was known as the 'Guardian of the Poor', campaigning to end poverty and inequality, and had an estate named after him on Poplar High Street.

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at **johnrennie@gmail.com**

WWW.EASTLONDONHISTORY.COM

History

Take a journey round old East End sites without leaving your chair

BY JOHN RENNIE

WE know where history used to be kept – in dry, dusty tomes, packed with dates and the deeds of great men (they were always men).

But the digital world, often maligned for dumbing us all down, has changed all that. A new app for the iPhone (though you can also access the information on your computer) brings the stories of ordinary East Enders to life, through a series of annotated walks or trails around the borough.

Click open the app or website and you'll see a map of the East End bedecked with coloured dots. Click on a dot and you open Bill's Trail, Laurie's Trail and so on.

The trails themselves are clearly marked bold routes on the map, with distances included (most are around three quarters of a mile). And each trail has half a dozen points of interest.

As you walk and reach each point on the map you click and an audio tour with pictures begins, your host telling you about the history of Brunswick Wharf or Petticoat Lane. And if you're not feeling too energetic, you can do it all from the comfort of your armchair!

The people who've made this all happen are a not-for-profit organisation called Manifesta. But, as Manifesta's Marion Vargaftig points out, it's the 'trail leaders' who drive the whole thing.

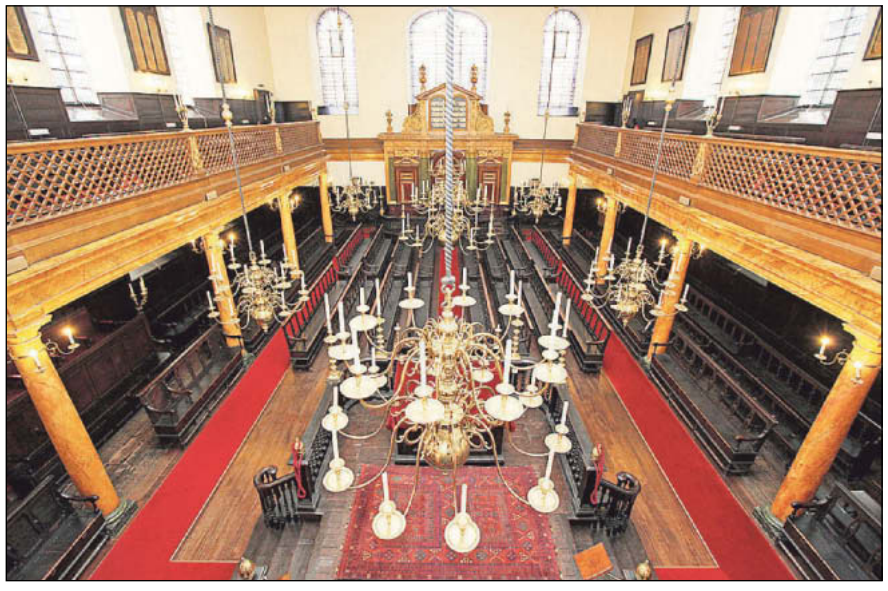
"We have, at present, 16 people, aged 15 to 96," says Marion.

"They unearth, highlight and celebrate fresh takes on particular places that matter to them. They created their own trails - mini walking tours, guiding us through journeys of discovery, imaginatively weaving together personal stories and reminiscences with broader social history."

So there is Manny, the son of Russian-Polish Jews, who has spent his entire life in or near Whitechapel. He leads us on his walk around places he's known since his teenage years – while sharing his memories and love of eastern European food.

He starts at the Bevis Marks synagogue in the City. It's the oldest synagogue in the UK, but as Manny relates, declining congregations nearly saw it sold off in 1886; today though, it's the flagship of the British Sephardic Jewish community.

And on to Cutler Street, by Petticoat Lane, and another victim of the Jewish diaspora out of the East End. It was once a thriving gold and silver market, but once the Jews moved out to Golders Green, the market went with them.



Bevis Marks Synagogue

> **"The vapour baths were not just a place to sweat out the filth of the week, they were an essential part of social and religious life.**
>
> Manny, the son of Russian-Polish Jews

Cutler Street was where the warehouses of the East India Company once stood. Petticoat Lane is more famous, but Manny is fascinating on the survival against the odds of this other market – as it mirrors its home area, with Huguenot traders, then Jewish, to the Asian and African stallholders and shopkeepers today.

Finally to the Russian vapour baths at 86 Brick Lane, and universally known as 'Schewzik's' after owner Benjamin Schwezik. They weren't just a place to sweat out the filth of a week's work, they were an essential part of social and religious life.

Here it was that the men met on a Friday evening before synagogue; and there was a women's day on Wednesdays. (It's now home to a Bangladeshi supermarket, Banglacity, by the way).

At the other end of the borough, Bill – born close to Stepney's St Dunstan's Church, just like his parents – leads us on a walk around Blackwall. Bill has worked all around the world as an engineer but always returned to his East End home (he even built his own house in Poplar).

His trail is all about the mariners and ordinary people who left the East End: this is where the original settlers left from to found Jamestown in Virginia in 1606.

Here was the East India Dock, one of the powerhouses of Britain's great trading empire. And Trinity Buoy Wharf and Lighthouse, keeping a watching eye over Britain's once great maritime fleet.

There is, too, the curiosity of Orchard Place, cut off from Poplar by the construction of those docks, and called London's 'Lost Village'. Lost for good now – the community was moved out in the 1930s when the area was destroyed for slum clearance by the former London County Council (LCC).

But this isn't just nostalgia. Bill hopes his trail will encourage people to look to the future, to improve their own, and other people's, lives.

And history is being made all the time. Up in Poplar, Roz, originally from Ireland but living and working in Poplar for 25 years, takes a special interest in the art that blooms on walls around the East End.

Poplar Labour MP Will Crooks was known as the 'Guardian of the Poor', campaigning to end poverty and inequality more than a century ago.

His name might be confined to the history books, but there's no missing the colourful mural on the Will Crooks Estate on Poplar High Street.

Trinity Buoy Wharf features on Bill's Trail

Stroll up to Hale Street and you'll see the Poplar Rates Rebellion mural. Bright arresting images and simple captions boiling the story of the revolt to a few sentences... just enough to absorb as you pass by. A perfect slice of street agitprop. And it continues. A giant chihuahua painting brightens a drab brick wall on Chrisp Street, and there are a couple of Banksy's (one wittily referencing that more contemporary East End trade of phone hacking).

One of the delights as you follow the trails is the leaders themselves. Every age, every culture, every colour and with a myriad routes to Tower Hamlets... typical East Enders in fact. And every one fascinated by their East End home.

There is Heena, born in Wales in 1990 before moving to Limehouse 15 years ago, and with parents born in Gujarat. Her focus is on the disappearance of independent retailers in Limehouse.

Jon has lived in Poplar his whole life, but his family came from Italy. Marlene was born in Portugal, grew up in Sweden and is now settled in Poplar with her two children. Her trail focuses on examples of creativity in Poplar and Limehouse.

The more you dig, the more you find, and as you get out there you'll probably find your own landmarks to explore. In fact... why not make your own trail? We all have our own little bit to add to East End history.

Manifesta worked on the app with the Heritage Lottery Fund, Tate Britain and its Arts Map initiative, the Museum of London Docklands, Toynbee Hall, Tower Hamlets Local History Library and Archives, and local community organisations.

www.inmyfootsteps.org

A tour guide takes people on the Heritage trail

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

The Government is changing benefits

Prepare and act now

The Government is changing the benefits system as part of its plans for welfare reform. If you are claiming benefits, you may be affected.

Households who are **not in work** or have **less than 24 hours work per week** will be affected most.

The impact of these changes could be serious and some household may no longer be able to afford their current housing costs.

Tower Hamlets Council and its partners are helping prepare residents for the upcoming benefit changes. This includes support with:

- **Getting information and advice**
- **Managing your money**
- **Finding work and training opportunities**

For more information about the changes visit the government website www.dwp.gov.uk or call their helpline on **0845 605 7064**, or textphone **0845 608 8551**.

Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.tower hamlets. gov.uk/data/ your-council/data/forward-plan/forward-plan.cfm

Meetings

Tuesday, April 7

7.15pm: Overview & scrutiny committee

Includes a report on the procurement proposal and programme for the new civic centre in Whitechapel and an update on mainstream grants. This meeting will be at St Paul Old Ford, St Stephens Road, E3.

For more information call 7364 4878 or email david.knight@towerhamlets.gov.uk

Wednesday, April 8

5.30pm: Cabinet

Includes a report on the procurement proposal and programme for the new civic centre in Whitechapel and a report on the implication of conservation areas for extension of family homes.

For details call 7364 4651 or email matthew.mannion@towerhamlets.gov.uk

7pm: Health scrutiny panel

The meeting will consider reports including an update on actions arising from a scrutiny review of local A&E services and matters arising from the CQC inspection at Barts Health.

For more details call 7364 4881 or email antonella.burgio@towerhamlets.gov.uk

Thursday, April 9

7pm: Development committee

Plans to be considered include demolition of 281-285 Bethnal Green Road, E2 and construction of residential-lead mixed use scheme, retaining the frontage.

Call 7364 4877 or email zoe.folley@tower hamlets.gov.uk

Tuesday, April 14

6.30pm: Extraordinary licensing committee

The meeting will consider an application for a sexual entertainment venue licence for Whites Gentleman's Club, 32-38 Leman Street, E1.

Call 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

7.30pm: Standards (advisory) committee

For details call David Knight (see left).

Wednesday, April 15

7.30pm: Council

For details call 7364 4204 or email johns.williams@towerhamlets.gov.uk

Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

Planning

E1

68-80 Hanbury Street – facade alterations and improvements to Hanbury Street and Princelet elevations at first and second floor levels; addition of a water balance lift within the internal courtyard to serve ground, first and second floor levels; other associated works.

Railway Arch, 25 Cudworth Street (site north of Cudworth Street and south of railway viaduct) – alterations to roof of newly-constructed block of flats including roof extensions to incorporate additional two flats and revised communal amenity area.

112-116 Whitechapel Road – change of use part of ground floor from grocery to take-away.

E2

First Floor, 67 Vyner Street – certificate of lawfulness of existing use as residential.

431-433 Bethnal Green Road and land behind – construction of three-bedroom house replacing warehouse at rear; change of use of ground floor from warehouse to office; creation of new basement below to form part of office unit.

This is not a definitive list of all current planning applications. For more details go to www.towerhamlets.gov.uk and click on Planning & Building.

New pledge to continue fight against smoking

THE council and its health partners have signed a pledge to deter young people from taking up smoking.

Members of the Tower Hamlets Health and Wellbeing Board (HWBB) signed up to the Local Government Declaration on Tobacco Control, which was launched at the House of Commons this year.

Under the declaration the council, the local NHS and partners will work together to:

- continue to help people stop smoking and prevent young people from starting to smoke
- support national level action
- protect tobacco control work from pressure from the tobacco industry
- monitor the progress of plans
- join the Smokefree Action Coalition.

The council formed a tobacco control alliance with its partners across health services, community organisations and the voluntary sector, to tackle tobacco use through a wide-ranging strategy.

Dr Isabel Hodkinson, from Tower Hamlets CCG, Dr Somen Banerjee, Dr Ian Basnett, from Barts Health and Chris Lovitt, associate director of public health

Since 2007 this has led to some of the most successful outcomes in smoking cessation and tobacco control in London.

Although Tower Hamlets already has a dedicated programme, the signing of the declaration provides further opportunity to showcase and enhance the work being done.

The borough has some of the highest rates of smoking in London and the highest use of smokeless tobacco.

Dr Somen Banerjee, director of public health at the council, said: "Smoking is the principal cause of early death in the UK and in Tower Hamlets.

"Preventing smoking in children and young people is an important public health measure and is therefore a huge priority for the Health and Wellbeing Board."

Smoking rates in Tower Hamlets have fallen with the adult smoking level now estimated at 19.3 per cent, compared to the London average of 18 per cent.

For more information visit **www.towerhamlets.gov.uk/stopsmoking**

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment.
71 Johnson Street, E1.
7790 1344
www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community.
The Davenant Centre,
179-181 Whitechapel Road, E1
7377 0676.

Harbour Recovery Centre
In-patient detox for 18+ males.
Riverside House, 4th Floor,
20 Garford Street, E14.
7538 9421

Young People's Service
Treatment for under-19s
Unit 26, Skyline Village,
Limeharbour, E14.
3069 7878
www.lifeline.org.uk

Isis
For women aged over 18
c/o Hopetown Hostel,
60 Old Montague Street, E1.
7426 0399
www.compass-uk.org

Community Alcohol Team
Unit 22, Skylines Village
Limeharbour, E14.
0800 008 7200
www.rapt.org.uk

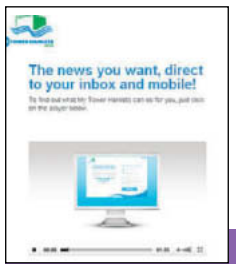
Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi.
Mind in Tower Hamlets & Newham, Open House
13 Whitethorn Street, E3.
7510 1081

Congratulate your loved ones on their Wedding Anniversary through the Family Announcements

1 Year Paper	4 Years Fruit & Flowers	7 Years Woollen	10 Years Tin	20 Years China	35 Years Coral	50 Years Golden
2 Years Cotton	5 Years Wooden	8 Years Salt	12 Years Silk	25 Years Silver	40 Years Ruby	55 Years Emerald
3 Years Leather	6 Years Sugar	9 Years Copper	15 Years Crystal	30 Years Pearl	45 Years Sapphire	60 Years Diamond

To place your announcement in East End Life call...

Terri on 7364 4682, Chris on 7364 4994, Fatima on 7364 4623 or Sharan on 7364 4061



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK

Twenty is plenty

A 20mph speed limit will come into effect on April 13 on all borough roads, excluding TfL-managed red routes.

Council information

Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG. 7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance – 7364 5007
Employment & skills service (Skillsmatch) – 7364 3727
Environmental health, trading standards & licensing – 7364 5008
Planning & development – 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364 5015
Healthline – 7364 5016

General enquiries

Council enquiries – 7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3) – 7364 3558
Homeless service – 7364 7474
Choice-based lettings – 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department, call the switchboard on 7364 5000.

THIS week's photo of St George-in-the-East Church in Cannon Street Road, E1 was taken by Shadwell resident Barbara Beasley. "I thought the daffs looked good with St George's looming in the background," Barbara wrote.
"I love taking photos of east London and think this is the best place to live."
If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these 24-hour freephone numbers:
Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress, there is an emergency or if anyone is in immediate danger dial 999.

The council's domestic violence team can provide information, signposting and referrals to local services. Bengali speakers available 0800 279 5434 (office hours)
24-hour domestic violence national helpline
0808 2000 247
Haven Whitechapel (sexual assault referral centre)
7247 4787
Karma Nirvana (Honour Network Helpline)
0800 5999 247
Broken Rainbow (LGBT domestic violence)
0845 260 4460
Black Women's Health & Family Support
8980 3503
Rights of Women (legal advice)
7251 6577

Victim Support Line
0845 30 30 900
Victim Support Tower Hamlets
8555 8254
NSPCC Child Protection Helpline
0800 800 5000
Childline
0800 1111
Shelterline
0808 800 4444
Respect (for perpetrators)
0845 122 8609
Reunite (advice about child abduction)
0116 2556 234
Men's Advice Helpline
0808 8010 327
Samaritans
08457 909090

Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict
Free service for council tenants and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops
Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2
Bow & North Poplar – John Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market Square, Chrisp Street, E14
Stepney& Wapping – Idea Store Watney Market, 260 Commercial Road, E1.
Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel Road, E1. 7364 4332
Watney Market – Commercial E1. 7364 4332
All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chrisp Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

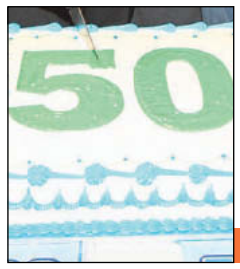
Libraries

Bethnal Green – Cambridge Heath Road, E2. 8980 3902
Cubitt Town – Strattondale Street, E14. 7987 3152
All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.
Local History Library and Archives – 277 Bancroft Road, E1. Open Tues, 10am-5pm; Weds, 9am-5pm; Thurs, 9am-8pm; Sat (1st & 3rd of the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

Isku soo dhawaashada

War iyo wacaal waxaad haysaan u soo dir boga isku soo dhaweynta bulshada ee East End Life.

7364 3179



টাওয়ার হ্যামলেটসের ৫০ বছর পূর্তিতে ব্যাপক আয়োজন

৫০ বছর আগে পপলার, স্টেপনী ও বেথনাল গ্রীন - এই তিন মেট্রোপলিটান বারা এক করে গঠন করা হয়েছিলো নতুন একটি বারা - লন্ডন বারা অব টাওয়ার হ্যামলেটস। এই ৫০ বছরে নানা পথ পেরিয়ে আজকের অবস্থানে এসে দাঁড়িয়েছে এই বারা। ৫০ বছরের ইতিহাস উদযাপনে সামারের পুরোটা জুড়ে আয়োজিত হচ্ছে নানা কর্মসূচির। বিস্তারিত নিচে

50 YEARS OF TOWER HAMLETS

Harmony

Waxa isbedelaya Adeegyada Deryeelka iyo taageerada ee Tower Hamlets

Changes to care and support services

WAXAA isbedelaya adeegyada Daryeelka iyo Taageerada bishan wadankoo dhan,waxana la diyaariyey macluumaad cusub oo maaliyad ahaan madaxbannaan iyo talo bixin.

Isbedelka cusubi wuxu dhaqan gelayaa 1da, April, waxana loogu talo galay in lagu caawiyo degganayaasha qorshe cusub mustaqbalka iyo in kor loo qaado awoodda maamul ee ku saabsan caawimada qof kastaa helayo.

Golaha Degaanku wuxu ka shaqaynayaa inuu hubiyo in dad badani helaan caawimada ay u baahan yihiin, ha ahaato daryeele nasasho u baahan ama qof u guuraya guryaha daryeelka si aanay ula kulmin walwal inay guryahooda iibiyaan.

Hadda ma xadidna inta daryeelka iyo taageerada qiimahoodu yahay, tan macnaheedu waxa weeye in ay suurtagal tahay in dadka daryeelka dheeraadka ah u baahani bixiyaan qiimo qaali ah.

Dad badan ayaa u baahanaya daryeel waqti noloshooda ka mid ah, isbedeladanina waxay qofka ka caawinayaan u diyaar garow mustaqbal fiican.

Haddaad hesho daryeel, qof daryeesho ama aad qorsheynaysid daryeel mustqablka, isbedeladani faa,iido ayay kuu leeyihiin.

Wixii Macluumaad dheeraad ah oo ku saabsan isbedeladan daryeelka iyo caawimada booqo, **www.towerhamlets.gov.uk/care andsupport**

স্কুলে ছুটি চলছে, মাইল এন্ড পার্কের চিলড্রেন্স প্লে গ্রাউন্ডে আয়োজন কাউন্সিলের ১৫ দিনের ফ্রি ইস্টার অনুষ্ঠান। ঝড়ো হাওয়া উপেক্ষা করে যোগ দিলো দেড়শ-রও বেশি শিশু, বানালো ড্যাফোডিল উইন্ডমিল। এই পার্কে আরও নানা আয়োজন জানতে ফোন দিন: ০২০ ৭৩৬৪ ২২৫৩

Staff tuck into the anniversary cake

50 Sano ka hor

Borough celebrates 50th anniversary

50 SANNADOOD ka hor, ayay ahayd markii la isku daray degmooyinka caasimadda Poplar, Stepney iyo Bethnal Green, waxana loo qaabeeyey degmada Tower Hamlets.

50kii sano ee ugu dambeeyey waxaa dhacay isbeddello xusid mudan dhinacyada dadweynaha degmada, dhaqaalaha iyo muuqaalka dhirta.

Si isbedeladan loogu dabaaldego, Golaha degaanku wuxu bilaabay inuu u ololeeyo in la xuso guulahaas la gaadhay nus qarnigii tegay.

Dadka 50 guuradan u ololaynayaa waxay la dabbaal degayaan dadka degmada deggan, waxay ku marti qaadayaan inay la wadaagaan sawiradooda, xusuusaha iyo muuqaalada degmada. Dhammaan waxyaabahan waxa loo dhigayaa si wadajir ah. si loogu qaabeeyo naqshado ku salaysan xusuus, si loogu raaxaysto sannadaha soo socda.

Xulashada muuqaalada iyo kelmadaha lala wadaago Golaha degaanka waxa lagu isicmaalayaa si loogu qaabeeyo bandhig xagaaga ah.

Waxa lagu soo bandhigayaa munaasibad u furan cid kasta. Golaha Degaanku wuxu iminka dhamays tirayaa qorshayaashii, laakiin wuxu samaynayaa ogeysiisyo dheeraad ah usbuucyada soo socda.

Si aad xog dheeraad ah u hesho ama aad usoo dirto sawiro, erayo ama waxyaabo kale booqo, **www.towerhamlets.gov.uk/50**

টাওয়ার হ্যামলেটসের ৫০ বছর: পুরো সামার জুড়ে নানা আয়োজন

Borough marks 50th anniversary – page 3

নতুন একটি বারা হিসেবে টাওয়ার হ্যামলেটস প্রতিষ্ঠার অর্ধ শতাব্দী পূর্তি উদযাপনের জন্যে নানা বর্ণাঢ্য কর্মসূচির আয়োজন হচ্ছে সামনের সামারের পুরো চার মাস জুড়ে।

৫০ বছর আগে পপলার, স্টেপনী ও বেথনাল গ্রীন - এই তিনটি মেট্রোপলিটান বারা এক করে গঠন করা হয় নতুন বারা - লন্ডন বারা অব টাওয়ার হ্যামলেটস। নতুন বারার ৫০ বছরের অগ্রযাত্রায় এখানকার জনসংখ্যা, অর্থনীতি আর ভূ-চিত্র , সবটাতেই এসেছে অনেক তাৎপর্যপূর্ণ পরিবর্তন।

বারার অর্ধ শতক উদযাপনে কাউন্সিল নিয়েছে নানা উদ্যোগ। ৫০তম প্রতিষ্ঠা বার্ষিকী কর্মসূচিগুলোর অন্যতম প্রধান অংশীদার হচ্ছেন এই বারার জনগণ। তাদের আমন্ত্রণ জানানো হয়েছে, পুরোনো দিনের ছবি, স্মৃতিকথা এবং এই বারা সম্পর্কে তাদের নিজস্ব যে মতামত, তা জানাতে। এগুলোর সমন্বয় করে কাউন্সিল আগামি প্রজন্মের জন্যে শৈল্পিক উত্তরাধিকার (লিগ্যাসি) সৃষ্টির প্রত্যাশি, যেন এই বারার গোড়াপত্তন ও এর এগিয়ে চলার ইতিহাস তারা পুরোপুরি ভাবে জানতে সক্ষম হয়।

কাউন্সিলের হেড অব পেইড সার্ভিস স্টিফেন হালসী এ সম্পর্কে বলেন: এই বারায় রয়েছে সত্যিকারের একটি সমৃদ্ধ ও বৈচিত্র্যমন্ডিত ইতিহাস। ৫০ বছর ধরে এখানে এসেছে কতো বিচিত্র পরিবর্তন। এই সময়ে আমাদের বিরাট যেসব অর্জন, ওই লিগ্যাসিতে আমরা তার প্রকৃত প্রতিফলন দেখতে পাবো ৫০তম বার্ষিকীর এই উদযাপনকালে।

তিনি বলেন: বারার আজকের অবস্থানের পেছনে অবদান এখানকার সকল প্রেক্ষাপটের মানুষের। প্রতিটি মানুষের ব্যক্তিগত সব কাহিনী এই জনপদের বৈচিত্র্যমন্ডিত ইতিহাসের অংশ বলে আমরা বিশ্বাস করি।

তিনি আরও বলেন : অর্ধশত বার্ষিকী উদযাপনের অংশ হিসেবে তাদের সমন্বিত কণ্ঠস্বর আমরা এক সঙ্গে তুলে ধরতে চাই। সে জন্যেই বারা হিসেবে আমাদের অবির্ভাবের ৫০তম বার্ষিকীর সকল আয়োজনে আমরা চাই জনগণের সহযোগিতা। বারার অধিবাসিদের কাছ থেকে আমরা পুরনো দিনের ছবি, চিঠিপত্র - এসব পেতে ইচ্ছুক। সেই সঙ্গে আমরা জানতে চাই এই বারা সম্পর্কে তাদের ব্যক্তি-অনুভূতিটুকুও।

অর্ধশত বর্ষপূর্তি উপলক্ষে বাছাই করা সব ছবি-লেখা নিয়ে আয়োজিত হচ্ছে ফ্রি সামার এক্সিবিশন। পূর্ণাঙ্গ কর্মসূচি চূড়ান্ত করার কাজ চলছে এখন। আগামি কয়েক সপ্তাহের মধ্যে আরও বিস্তারিত জানানো হবে।

কর্মসূচির আয়োজন করছে লোকাল হিস্ট্রি লাইব্রেরী এন্ড আর্কাইভসও। প্রধান আয়োজন: টাওয়ার হ্যামলেটসের অর্ধ শতাব্দী - নামে একটি প্রদর্শনী, শুরু হবে ২০ মে বুধবার মাইল এন্ডের ব্যানক্রাফট রোডে অবস্থিত লাইব্রেরী মিলনায়তনে।

এর পাশাপাশি পুরো সামার জুড়ে লোকাল হিস্ট্রি লাইব্রেরী ও সকল আইডিয়া স্টোরে থাকবে আরও বিভিন্ন রকমের আয়োজন। এগুলোর মধ্যে থাকছে: বারার ঐতিহাসিক নানা সাবেকী সিভিক বিল্ডিংয়ে গাইডেড ওয়াক ও বিহাইন্ড দ্য সীন ট্যুর; ইস্ট এন্ডে গত ৫০ বছরের গুরুত্বপূর্ণ ঘটনাসমূহ নিয়ে ফিল্ম প্রদর্শনী এবং বিংশ শতাব্দীতে টাওয়ার হ্যামলেটস এলাকায় লোকাল গভর্নমেন্ট সম্পর্কিত ইতিহাসের উপস্থাপনা।

চলতি বছরের মে মাস থেকে শুরু করে আগস্ট পর্যন্ত চলবে এসব কর্মসূচি। বিস্তারিত জানতে: **www.ideastore.co.uk**।

৫০ বছরের টাওয়ার হ্যামলেটস বিষয়ক ছবি, লেখা পাঠাতে: **www.towerhamlets.gov.uk/50**

ইউনিভারসাল ক্রেডিটের সাহায্য: কাউন্সিলের অনন্য উদ্যোগ

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বারায় ঝুঁকিতে থাকা মানুষদের সাহায্য করার লক্ষ্যে ইউনিভারসাল ক্রেডিট সার্ভিস সেন্টার ও স্থানীয় সাপোর্ট এজেন্সিগুলোর ডাইরেক্ট লাইনের সাহায্যে ইউনিভারসাল ক্রেডিট থেকে সহায়তা পাওয়ার দারুণ একটি উদ্যোগ নিয়েছে কাউন্সিল। বিশেষত: যারা আর্থিক সংকটে আছেন,আছেন ঘর থেকে উচ্ছেদ হওয়ার ঝুঁকিতে, তাঁদের দ্রুত সমাধান দিতে এই উদ্যোগ। দেশের মধ্যে এটিই প্রথম এ ধরণের পরীক্ষামূলক উদ্যোগ বলে ধারণা করা হচ্ছে। ।

ইউনিভারসাল ক্রেডিটের সহায়তার জন্যে নতুন আবেদনকারীদের প্রথমে জব সেন্টার প্লাসের (জেসিপি) সাথে যোগাযোগ করতে হবে, কল করুন: ০৩৪৫ ৬০৪ ৩৭১৯।

কাউন্সিলও ৭ এপ্রিল থেকে জেসিপি থেকে ওয়ান টু ওয়ান সাপোর্ট পাওয়ার ব্যবস্থা করেছে ক্রিস্প স্ট্রিটের আইডিয়া স্টোরে প্রতি মঙ্গলবার (বিকাল ২টা - ৪টা) ও হোয়াইটচ্যাপেল আইডিয়া স্টোরে প্রতি বৃহস্পতিবার বেলা ২টা থেকে বিকাল ৪টা পর্যন্ত।

কেয়ার সার্ভিসে পরিবর্তনের সুফল টাওয়ার হ্যামলেটসে

কেয়ার ও সাপোর্ট সার্ভিস গ্রহীতারা যেন এই সার্ভিস গ্রহণের বিষয়টির ওপর আরও নিয়ন্ত্রণ পেতে পারেন, সেলক্ষ্যে সার্ভিসটিতে জাতীয়ভাবে পরিবর্তন আনা হয়েছে পয়লা এপ্রিল থেকে। এই পরিবর্তনের সুফল সংশ্লিষ্টদের কাছে পৌঁছে দিতে প্রস্তুতি নিয়েছে টাওয়ার হ্যামলেটস কাউন্সিলও। বিস্তারিত সংবাদ নিচে

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Residents receive civic awards – pages 18 & 19

Civic Awards winners in the council chamber

বিপুল অর্জনের গৌরব রয়েছে, কিন্তু গৌরবগাথার স্বীকৃতি আসেনি এখনো, বারার এমন ১০ কৃতি মহিলা ও পুরুষ বাসিন্দাকে পুরস্কারে ভূষিত করা হলো গত ২৬ মার্চ বার্ষিক টাওয়ার হ্যামলেটস সিভিক এওয়ার্ড অনুষ্ঠানে। টাউন হলে আয়োজিত এই অনুষ্ঠানে সভাপতিত্ব করেন কাউন্সিলের স্পিকার কাউন্সিলার আব্দুল মুকিত এমবিই।

২০১৫ সালের জন্যে এই এওয়ার্ড পেয়েছেন: কমিউনিটির সেবা-তানিয়া নাতিওয়াজকো; এভরিল কোলান; মোহাম্মদ এ, মোসাব্বির; ফারুক মিয়া; ডীন পারসাল ও রেভ: জেমস ওলানিপেকুন।

খেলাধূলা, শিল্পকলা এবং সংস্কৃতি - মুহিবুর (শামীম) রহমান, মোহাম্মদ ইকবাল হোসেইন ও মোহাম্মদ ওয়াদুদ মিয়া।

বিজনেস এবং কমিউনিটি ইনভলভমেন্ট- মোহাম্মদ গোলাম কিবরিয়া।

গ্রেটার লন্ডনের ডেপুটি লেফট্যানেন্ট জন লাডগেট এতে যোগ দেন, তিনি বলেন: যারা স্বীকৃতির অপেক্ষা না করেই মানুষের সেবায় অক্লান্তভাবে কাজ করছেন, তাদের স্বীকৃতি দেয়ার এই অনুষ্ঠানের অংশ হতে পেরে আমি গর্বিত।

তানিয়া নাতিওয়াজকো-কে নমিনেট করেছিলেন প্রতিবেশি পেনি উইলসন। পেনি বলেন: তানিয়ার অক্লান্ত প্রচেষ্টায় ২০০৮ সালে ফলে-ফুলে সাজিয়ে কমিউনাল গার্ডেন প্রতিষ্ঠা সম্ভব হয়। স্ট্রিট পার্টি ও শিশুদের খেলাধূলার মাঠের ব্যবস্থা করতেও তিনি অবদান রেখেছেন।

এভরিল কোলানকে নমিনেট করেন তাঁর বন্ধু ও প্রতিবেশি হেলেন গুডি। হেলেন বলেন: তাঁর কর্মশক্তি অসাধারণ, মানুষের সেবা তাঁর ব্রত ।

সাদেকুল আমিন নমিনেট করেছিলেন তাঁর সহকর্মী মোহাম্মদ এ, মোসাব্বিরকে। তাঁর ভাষায়: মোসাব্বির সারা জীবন কাটিয়েছেন কমিউনিটির সেবায়, ভলান্টারি সংগঠনগুলোর সাথে কাজ করেছেন।

ফারুক মিয়া নমিনেশন পান ২০ বছর ধরে ব্রমলি বাই বো সেন্টারের সাথে সম্পৃক্ত থেকে কমিউনিটিকে এক করা ও ইউনিয়ন ট্রাস্টে তাঁর গুরুত্বপূর্ণ ভূমিকার কারণে।

৮৫ বছরের ডীন পারসেলকে নমিনেট করেন তাঁর স্ত্রী ক্যাথি পারসেল। ক্যাথির ভাষায়: ডীন ১৫ বছর ধরে কমিউনিটির কল্যাণে নিয়োজিত রয়েছেন। মবিলিটি স্কুটার, লিফট এবং ঘরে ব্যবহারের নানা ধরণের সামগ্রীর জন্যে তিনি ফান্ড সংগ্রহ করছেন অক্লান্তভাবে।

রেভারেন্ড জেমস ওলানিপেকুনকে নমিনেট করেন তাঁর ছেলে সায়মন। তিনি বলেন: বাবা পপলার হারকার বোর্ডে দায়িত্ব পালন করছেন ২০০৯ থেকে, ৮ বছর আমার স্কুলে গভর্নর, একজন কমিউনিটি চ্যাম্পিয়ন কো-অর্ডিনেটর তিনি এবং বারার ওভারভিউ ও স্ক্রুটিনি কমিটির সদস্য হিসেবে কাজ করছেন ৪ বছর ধরে।

জুয়েল চৌধুরী নমিনেট করেন বন্ধু মুহিবুর (শামীম) রহমানকে। জুয়েল বলেন: রোমে জিএসবিএ এথলেটিকস ওয়ার্ল্ড কাপ চ্যাম্পিয়নস ২০১৪-তে শামীম জিতেছেন সিলভার ও ব্রোঞ্জ মেডেল।

মোহাম্মদ ইকবাল হোসেইনকে নমিনেট করেন তাঁর সহকর্মী-বন্ধু জুনেল উদ্দিন। জুনেল বলেন: ২০০৮ সালে ইকবাল গোটা যুক্তরাজ্যে মাত্র তৃতীয় বাঙালী হিসেবে এফএ লেভেল ৩ ফুট-বল কোচের স্বীকৃতি পান।

মোহাম্মদ ওয়াদুদকে নমিনেট করেন তাঁর ম্যানেজার পিসি স্টিভ অস্টিন। স্টিভ বলেন: ভলান্টিয়ার পুলিশ ক্যাডেট স্টাফ মেম্বার ওয়াদুদ ক্যাডেট ইউনিটগুলোর তরুণদের সাপোর্ট দিতে সপ্তাহে ১৬ ঘন্টা পর্যন্ত কাজ করে যাচ্ছেন। এখন তিনি ইয়ুথস এগেইনস্ট এক্সট্রিমিজম নামের একটি গ্রুপের প্রধান হিসেবে পুরো যুক্তরাজ্য জুড়ে কাজ করার উদ্যোগ নিয়েছেন।

মো: গোলাম কিবরিয়াকে নমিনেট করেন তাঁর ব্যবসা-সহযোগি মোহাম্মদ আব্দুল করিম। তাঁর এই নমিনেশন সম্পর্কে তিনি বললেন: দৃঢ় অধ্যবসায়, অসীম উৎসাহ এবং কঠোর শ্রমের মধ্য দিয়ে মো: গোলাম কিবরিয়া ব্যবসায়ি ও ব্যক্তি-মানুষ হিসেবে দুর্দান্ত সাফল্য অর্জন করেছেন। স্থানীয় জনগণের কর্মসংস্থানের মাধ্যমে তিনি কমিউনিটির উপকার করে চলেছেন। স্কুল, কলেজ ও মসজিদের জন্যে তাঁর দানের হাত সকল সময় প্রসারিত।

নির্বাচনী কাউন্টডাউন শুরু: ভোট দিতে রেজিস্টার্ড হোন

Register to vote in General Election

৩০ মার্চ সোমবার ভেঙে দেয়া হয়েছে পার্লামেন্ট আর সেই সাথে শুরু হয়েছে আগামি পার্লামেন্ট নির্বাচনের আনুষ্ঠানিক কাউন্টডাউন।

পার্লামেন্ট আর বহাল নেই, তাই সোমবার পার্লামেন্ট ভেঙে দেয়ার আগ মুহূর্ত পর্যন্তও যারা এমপি ছিলেন, সেই পরিচিতি তারা এখন আর ব্যবহার করতে পারবেন না।

৫ বছরে এমপি সুবাদে পাওয়া সুযোগ-সুবিধা আর নেই । নেই-এর তালিকায় আরও রয়েছে: হাউস অব কমন্সে অফিস নেই, কমন্সের নানা সুবিধা ভোগের সুযোগ নেই, পার্লামেন্টারি প্রিভিলেজের সুযোগ বাতিল, এখন তারা স্রেফ সাধারণ পাবলিক।

কেউ সেই অসাধারণ পদে আবারও ফিরতে চাইলে তাকে আসন্ন নির্বাচনে আবার জিতে আসতে হবে নিজের নির্বাচনী এলাকা থেকে।

টাওয়ার হ্যামলেটসে রয়েছে দুটি নির্বাচনী এলাকা। একটি হলো বেথনাল গ্রীন ও বো। অন্যটি পপলার ও লাইমহাউস।

এ দুটি আসনে কারা চূড়ান্ত প্রার্থি, জানা যাবে ৯ এপ্রিল বৃহস্পতিবার বিকেল ৫টার পর।

দেশে এখন পার্লামেন্ট নেই, সরকার আছে, তবে ক্ষমতা সীমিত। জরুরী কাজগুলো সরকার চালিয়ে নেবে, মিনিস্টাররা নিজ নিজ দায়িত্বেই থাকবেন। কিন্তু নির্বাচনের ফলাফল জানাজানি হওয়ার পরপরই এই দায়িত্বের সমাপ্তি।

পার্লামেন্ট বাতিলের দিন থেকে শুরু করে নির্বাচনের দিন পর্যন্ত সরকারের কেউ বড় ধরণের কোন পলিসি ডিসিশন নিতে পারবেন না বা এ জাতীয় কোন ঘোষণা দিতে পারবেন না। এছাড়া, কোন বিজ্ঞাপনী প্রচারণাও সরকারের কেউ চালাতে পারবেন না।

এই অন্তর্বর্তী সময়টাকে বলা হয় প্রি-ইলেকশন পিরিয়ড।

আইন অনুযায়ি, যুক্তরাজ্যে প্রতি ৫ বছর অন্তর সাধারণ নির্বাচনের মধ্য দিয়ে নতুন পার্লামেন্ট গঠিত হওয়ার বিধান রয়েছে।

ভোট দেয়ার জন্যে আপনি ঠিকমতো রেজিস্টার্ড আছেন কি-না, সেটা নিশ্চিত করুন, এ জন্যে ২০শে এপ্রিল সোমবারের মধ্যে ভিজিট করুন: **www.gov.uk/register-to-vote**

কেয়ার সার্ভিস: পরিবর্তন আসছে টাওয়ার হ্যামলেটসেও

Care changes – issue 1053

২০১৫ সালের ১লা এপ্রিল থেকে গোটা দেশ জুড়ে কেয়ার ও সাপোর্ট সার্ভিসের কার্যধারায় পরিবর্তন আনা হয়েছে। ফলে পরিবর্তন আসছে টাওয়ার হ্যামলেটসেও। এসব পরিবর্তন পুরোপুরি কার্যকর হতে সময় লাগবে আরও কয়েক মাস।।

জাতীয় ভিত্তিক এই পরিবর্তনের লক্ষ্য: কেয়ার ও সাপোর্ট সার্ভিস গ্রহীতারা যেন এই সার্ভিস গ্রহণের বিষয়টির ওপর আরও নিয়ন্ত্রণ লাভ করেন।

আরও বেশি মানুষকে প্রয়োজনীয় সাহায্য দেয়ার লক্ষ্যে কাউন্সিলের কাজ আরও জোরদার করা হচ্ছে। কেউ হয়তো তাঁর কেয়ারিং কাজ থেকে বিরতি নিতে সাহায্য চান, অথবা বাড়িঘর বিক্রি করার মতো দুর্দশায় না পড়েই কেয়ার হোমে যাওয়ার বিষয়েও কারোর সাহায্য প্রয়োজন-এসব বিষয়ে সহায়তা জোরদার হবে আরও

এডুকেশন, সোশ্যাল কেয়ার ও ওয়েল বিইয়িং-এর ডাইরেক্টর রবার্ট ম্যাককুলাচ-গ্রাহাম বলেছেন: আমরা পরিবারগুলোকে সাহায্য করতে চাই, যেন তারা নিজেদের সাহায্য করতে পারেন, সাহায্যের প্রয়োজন যাদের খুব, চাই তাদেরও সাহায্য করতে।

বর্তমানে কেয়ার ও সাপোর্ট সার্ভিসের জন্যে কোন ব্যয়সীমা নির্ধারিত না থাকায় উচ্চ মাত্রার কেয়ারের প্রয়োজন যাদের, তাদেরকে হয়তো বেশি অর্থ ব্যয় করতে হচ্ছে। জীবনের কোন এক পর্যায়ে অনেকেরই কেয়ার সার্ভিসের প্রয়োজন হয়। কেয়ার খাতে আনা পরিবর্তনগুলো কেয়ার গ্রহীতাদের অনেক সাহায্যে আসবে এবং ভবিষ্যত পরিকল্পনা তৈরীতে সহায়ক হবে।

পরিবারের প্রাপ্তবয়স্ক কেউ বা কোন বন্ধুর জন্যে আনপেইড কেয়ার বা সাপোর্ট প্রদানকারীরা তা অব্যাহত রাখতে ও নিজের মঙ্গলের দিকেও আরও মনোযোগী থাকার সুযোগ পাবেন এসব পরিবর্তনের ফলে।

যাকে কেয়ার সাপোর্ট দেয়া হচ্ছে, তিনি সেই সাপোর্ট পেতে পারেন কি-না, সেটি বিবেচনা ছাড়াই, নিজেদের প্রয়োজন সম্পর্কে এসেসমেন্ট করানোর অধিকারও একজন কেয়ারার পাবেন এই পরিবর্তনের ফলে। এ সম্পর্কে বিস্তারিত জানতে যোগাযোগ:**www.towerhamlets.gov.uk/careandsupport**

The borough's unsung heroes and heroines were recognised for their services to the community, sporting, artistic and cultural achievements, and business successes at the annual Tower Hamlets Civic Awards ceremony, as **Susan Mulligan** reports. Photos by **Rehan Jamil.**

Dean Purcell, with his wife Cathy

TEN residents were honoured with Civic Awards at this year's ceremony held on March 26 at the Town Hall.

Attended by the Deputy Lieutenant Commander John Ludgate, councillors and guests, the awards were presented by the council speaker, Cllr Abdul Chunu Mukit.

Comm Ludgate said: "Every year I am impressed by the positive impact that Civic Award winners, and nominees, make in Tower Hamlets' communities.

"I am proud to be part of a tradition that recognises and thanks the unsung heroes and heroines, who work tirelessly for others."

Tania Nalywajko, Avril Coughlan, Mohammed A Mosabbir, Faruk Miah, Dean Pursell and the Rev James Olanipekun received awards for providing outstanding services to the community.

Muhibur (Shamim) Rahman, Mohammed Iqbal Hussain and Mohammed Wadud Miah were recognised for bringing credit to the borough through sporting, artistic or cultural achievements.

Mohammed Gulam Kibria received an award for the benefits he has brought to Tower Hamlets through his success in business and in community involvement.

Winners of awards for the provision of outstanding services to the community

Tania Nalywajko was nominated by her neighbour Penny Wilson for her community work. Penny said: "Tania has lived in Mile End all her life. In 2008, she championed the creation of communal gardens filled with naturalised planting, fruit and flowers."

Avril Coughlan (left) with neighbour Helen Goody

Rev James Olanipekun with his family

Muhibur (Shamim) Rahman

Shuaid Ahmed collected the award for Mohammed Iqbal Hussain

The civic award winners with the speaker, Cllr Abdul Chunu Mukit and Deputy Lieut

> "He has come far in life and done well because of his hard work."
> Mohammed Abdul Karim

"My husbar

Tania was also recognised for her work organising street parties for local communities and the creation of new play spaces for childre. Her award was collected by Paul Wilson.

Nominating her friend and neighbour **Avril Coughlan** from Mile End East, Helen Goody said: "Avril is tireless, always thinking of others. She never ceases to help her community and local people. She deserves recognition."

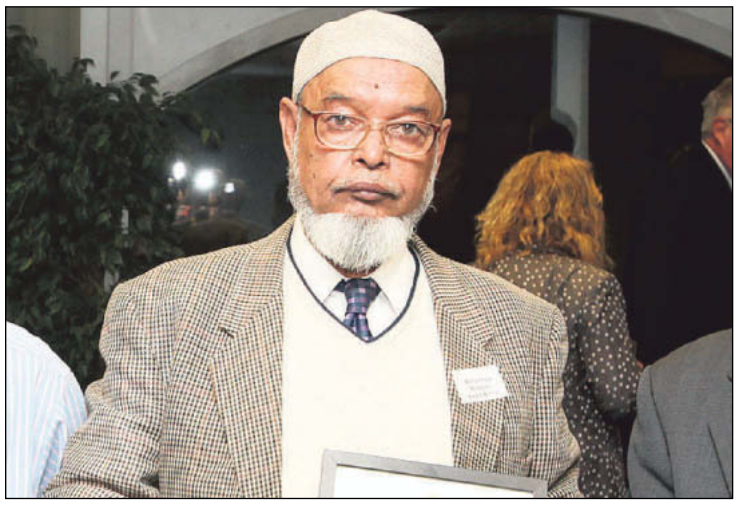
Helen also praised the community events that Avril raises funds for and organises.

Sadequl Amin nominated his colleague **Mohammed A Mosabbir** from Weavers ward.

"Mohammed A Mosabbir is a community activist and most of his adult life has been involved with community and voluntary organisations. He considers helping vulnerable and disadvantaged people a noble work. He is a gentleman and a role model," Sadequl said.

Khales Uddin Ahmed nominated **Faruk Miah**, from Bromley North. Mr Miah received praise for bringing the community together in his work with the Bromley by Bow Centre for the last 20 years and in his role as secretary for the Bangladeshi Umor for Union Trust.

Pensioner **Dean Pursell** from Bow was nominated by his proud wife, Cathy: "For the past 15 years, my husband has done voluntary work. He has raised thousands for



Mohammed A Mosabbir with his award

Faruk Miah celebrates with his family

Mohammed Gulam Kibria

enant Commander John Ludgate

Paul Wilson for Tania Nalywajko

Mohammed Wadud Miah

nd, my hero"

local people, raised money for mobility scooters, stair lifts and household goods. He is now 85 years old and still raising money for people. I am so very proud of him. He is my husband and hero."

Simon Olanipekun nominated his dad, the **Rev James Olanipekun**, from Poplar, who he described as "a community hero".

He added: "He has been on Poplar Harca's board since 2009; he has been a governor of my school for eight years; he is a community champion co-ordinator and has been on the borough's overview and scrutiny committee for four years."

Winners of awards for bringing credit to the borough through sporting, artistic or cultural achievements

Muhibur (Shamim) Rahman, from Shadwell, was nominated by his friend Jewel Choudhury: "Shamim is a sports personality and father of four who has lived in Tower Hamlets for 40 years. He recently achieved his ultimate goal by competing in GSBA World Champions 2014 in Rome, where he won silver and bronze medals. He is a role model for the borough's young people."

Junel Uddin nominated his colleague and friend, **Mohammed Iqbal Hussain**, a care worker for people with disabilities from Bethnal Green, writing: "Iqbal is an FA Level 3 football coach which he achieved in June 2008. At the time he was only the third Bengali person in the UK to get this. Since 1997 Iqbal has coached football to players that have become fathers and grandfathers.

"Vallance Community Sports Association is very lucky to have him."

Mr Hussain's award was collected by his nephew, Shuaib Ahmed.

Mohammed Wadud Miah, from Stepney, was nominated by his manager, PC Steve Austin. Steve said: "Wadud is a volunteer police cadet staff member. He gives up 16 hours a week supporting young people at cadet units. Wadud now heads up a group called Youths Against Extremism which he will now deliver across the UK. He does all this whilst working and studying in Tower Hamlets."

> "He has raised thousands for local people, raised money for mobility scooters, stair lifts and household goods. He is now 85 years old and still raising money for people. I am so very proud of him."
>
> Cathy Pursell

> "I am proud to be part of a tradition that thanks the unsung heroes and heroines, who work tirelessly for others."
>
> Deputy Lieutenant Commander John Ludgate

Award for bringing benefits to Tower Hamlets through success in business and in community involvement

Mohammed Abdul Karim nominated his business colleague **Mohammed Gulam Kibria**, from Spitalfields & Banglatown.

Abdul said: "Without a doubt he has come far in life and done well in life because of his hard work, enthusiasm and determination to thrive both as a businessman and an individual, helping the community by employing local people. Md Gulam Kibria is forever giving to charity and has donated money towards schools, colleges and mosques."

Nab a ticket

Nigerian-British comic Nabil Abdulrashid (left) is at Rich Mix on Friday.

SEE BELOW

Housing matters

The Geffrye Museum's Home and Hope exhibition is a collaboration with New Horizon Youth Centre, an organisation working with homeless people or those at risk of being homeless.

SEE BELOW

Out & about guide

What's on where this week

Social

3 Bees Café
Healthy vegetarian and fish dish, served for just £3, takeaways available.
Tuesdays, 4-8pm.
Kingsley Hall Community Centre, Powis Road, E3.
07501 468 193

Birchfield OAPs club
Mon-Fri, 7-9.30pm; Weds, 1-4pm
50 Saltwell Street, E14.

Fern Street Settlement
Fern Street, E3.
7987 1949

Globe Town bingo club
Pensioners group with bingo and social activities.
Thursdays, doors open 12pm. Bingo 2-4pm.
Globe Town Community Centre, Bullards Place, E2.
07939 965141

Golden Ladies
Pensioners group for bingo and social. Weds, 2-4pm.
Isle of Dogs Bowls Club, Millwall Park, E14.
7987 6824

Tower Hamlets U3A
Tower Hamlets University of the Third Age offer courses for over-50s to learn T'ai Chi, jazz appreciation, art appreciation, history walking and more. £10 yearly membership.
Various days and times.
St Margaret's House Settlement, 21 Old Ford Road, E2.
7247 4283

Comedy

Arabs Are Not Funny
A mischievously titled night of stand-up – featuring Yacine Belhousse, Nabil Abdulrashid, Marouen Mraihi and more. £12/£10.
Fri, Apr 12. 8pm.
35-47 Bethnal Green Road, E1.
www.richmix.org.uk.

Events

Renegade Craft Fair
The international market makes its spring debut this weekend and will be filled with goodies from independent makers as well as hosting a mix of DIY workshops, installations and activities. Illustrated prints, jewellery, toys, street food and more will also be on offer.
Sat & Sun, Apr 11 & 12, 11am-6pm.
Old Truman Brewery,
91 Brick Lane, E1.
www.renegadecraft.com/london

Exhibitions

Home and Hope: young people's experiences of homelessness today
Contemporary homelessness in London explored through artwork, photography and poetry. Free.
Until Jul 12.
Geffrye Museum, 136 Kingsland Road, E2.
7739 9893
www.geffrye-museum.org.uk

Talking Photos: Whitechapel Reframed
25 residents took to the streets of Whitechapel to capture life in the historic district. The results can be seen in this short-running exhibition. Free.
Until Sun, Apr 12.
The Gallery, Idea Store,
321 Whitechapel Road, E1.

Poetry in Wood Spring Show
Showcase of works created for a float at last year's Lord Mayor's Parade by this Spitalfields-based art, training and employment project for adults with learning disabilities. Free.
Until Thurs, Apr 30.
Brady Arts Centre. 192-196 Hanbury Street, E1.
www.poetryinwood.org.uk.

Vernon God Little
DBC Pierre's Booker Prize winning story, which follows the turbulent fortunes of the eponymous 15-year-old character, is adapted for the stage. £14/£10. Until Apr 11. 7.30pm (8.30pm on Apr 10). The Space Theatre, 269 Westferry Road, E14.
www.space.org.uk – 7515 7799

Talks

My Robot, My Friend
Richard Baron chairs an open discussion about the relationship, and potential kinship, between robots and humans. Organised in partnership with Philosophy For All. Free.
Sat, Apr 11. 2.30pm.
Bishopsgate Institute, 230 Bishopsgate, EC2.
7392 9200.

Film

This Made Me Laugh
Eight comics pick films which made them chuckle. Screened on consecutive nights, picks include Western satire Blazing Saddles (chosen by Lenny Henry) and This is Spinal Tap (Mitch Benn). £9.50-£5 (+b/fee).
Fri-Thurs, Apr 10-16.
Cinemas 1 & 2. Barbican Centre, Silk Street, EC2.
0845 120 7527.
barbican.org.uk/film

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OPEN DAY 12 O'CLOCK | SAT 11/04/2015

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We also stock a range of supplies for all your pets needs:
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020 7515 4646 FACEBOOK.COM/PETSPARADISE4 find us next to the co-op supermarket

Top of the brass for 30 years

The Grand Union Orchestra have been making and performing cross-cultural music for more than 30 years. For more information about the ensemble visit...

WWW.GRANDUNION.ORG.UK

Wheelie good

Performances on two wheels will also take place at StreetFest 2015

Under The Sun

Live music will help to raise money

CLUB 93 Feet East is holding a live music fund-raiser – East London Music Night – this Thursday, April 9.

Two rooms of the Brick Lane music venue are set to welcome local bands and DJs during the evening.

Included on the bill are alt-rock band Headlong and pop blues trio Jamie Crawford.

Under The Sun, Morning Lane and DJ Mag Saytek also play.

Tickets cost £5 and funds will go to Spitalfields Crypt Trust, a homelessness and addictions charity which is this year marking its 50th anniversary.

Gig organiser Martina Danielova said of the trust: "I had no idea it was their 50th birthday this year so it's an extra special event and the first of its kind for SCT.

"The bands and DJs have just been fantastically supportive and we're all working hard to make it a great night out."

To join in the conversation about SCT follow the hashtag **#SCT50** on Twitter or visit **www.sct.org.uk**

To buy tickets, visit **www.93feeteast.co.uk**

The music starts at 7.30pm and 93 Feet East is at The Old Truman Brewery, 150 Brick Lane, E1.

Headlong will perform

Grand Union Orchestra set to make some noise

BY JAMES MARTIN

LIVE music and academia are about to come together across east London for an ambitious project looking at the changing face of British culture and society.

The Isle is Full of Noises, led by the Grand Union Orchestra, opens on Sunday, April 12 with a launch night at Rich Mix.

Special guests will join the orchestra for an eclectic performance with a global influence — instruments will include gu zheng (Chinese harp), Turkish saz, steel pan and African drums.

Following the opening event, which starts at 7.30pm (tickets £12/£8), performances are being held across the borough.

On April 18 (7.30pm, £6/£3), Sweet Airs That Give Delight sees the Grand Union World Choir play the grade I listed church St John on Bethnal Green, in Cambridge Heath Road.

The following evening the Grand Union Youth Orchestra will join guests to play Brady Arts Centre in Hanbury Street, E1 (7.30pm, £6/£3).

According to organisers, the over-arching theme of The Isle is Full of Noises is to probe how artists, other individuals and organisations can engage migrant and migrant-descended communities in artistic projects.

Queen Mary University of London, which has teamed up with the Grand Union Orchestra, is supporting the project through a closing weekend's programme of discussions, workshops and performances.

The Mile End-based university's Centre for the Study of Migration hosts an open forum on April 25. Speakers are expected to touch on recent research that showed that the richest, least ethnically diverse percentage of the population (eight per cent) accounted for 44 per cent of attendees at live music; and address the broader decline in participation of schoolchildren in music.

Booking is required to attend this free event, which runs from 10.30am until 6pm – email **mail@grandunion.org.uk**

The event also includes a presentation of the orchestra's Undream'd Shores, which enjoyed a run at Hackney Empire last autumn.

On Sunday, April 26, a final day titled Open Workshop will be hosted (10am-7pm) featuring a musician-led drop-in workshop. This will be followed by a celebratory performance (from 7pm) from artists involved in the festival.

The Isle is Full of Noises runs from April 12-26.

To see the full programme, visit **www.grandunion.org.uk**

StreetFest comes to Tobacco Dock

AS we enjoy the Easter break, thoughts will soon be turning to the next bank holiday weekend.

And next month there's yet another option for borough-dwellers after the news StreetFest is dropping anchor at Wapping's Tobacco Dock.

The annual arts and culture festival has moved from Hackney and organisers say the eighth year will be its biggest yet, with more than 6,000 people expected to attend.

Some of the musical talent confirmed for the main stage are headlining DJ Kutmah, Isiah Dreads and Elijah & Skilliam.

Street art will feature in StreetFest 2015 Photo by Jasmin Bell

East London spoken word artist James Massiah also takes the stage, as do collectives including So Fresh, So Clean.

The Unsigned London Stage also returns this year to help unearth new talent, while more than 50 graffiti and street artists will be on hand as part of the festival's live art performances.

Meanwhile the dance stage will welcome the return of hip-hop group b.supreme as comperes.

Crew battles will take place during the day, before DJs Jam Fu and DJ Snuff man the decks at night.

In addition to arts events, urban sports, fashion, tattooing and street food will feature.

StreetFest 2015 runs from 1-11pm on Sunday, May 3 at 50 Porters Walk, Wapping, E1W.

Tickets, at £15, can be bought from **www.streetfest.net**

News in brief

Creative events

A LEADING cartoonist and illustrator kicks off a programme of creative events this week as part of Community Literature Festival 2015.

Tim Sanders, whose work has featured in national publications, is hosting four workshops this month titled Drawing Your Stories. The free weekly classes – open to all abilities – take place at Idea Store Whitechapel, 321 Whitechapel Road, E1.

The first is on Tuesday, April 7 in Lab 3 from 6.30-8.30pm. Subsequent sessions are being held on April 14 (2-4.30pm), April 21 (2-4.30pm), and April 28 (6.30-8.30pm).

To book a place at the events, hosted by Shanghati Literary Society, email **shanghati@yahoo.co.uk** or call 07914 119282.

Developing careers

APPLICATIONS have opened for an annual training scheme that helps to develop the careers of freelancers working in film and television.

Four Corners, a charity based at 121 Roman Road, Bethnal Green, is this year offering 20 paid work placements through its Digital Film Micro Lab.

The scheme – funded by Trust for London – aims to promote better-paid, sustainable employment for film and TV freelancers. People wishing to apply need to be based in London, have some prior industry experience and have worked as a registered freelancer or in a company for a year or more.

Email **info@fourcornersfilm.co.uk** by the deadline of Monday, May 11.

Performers sought

MUSICIANS and workshop leaders are being sought for a music festival in Tower Hamlets this summer.

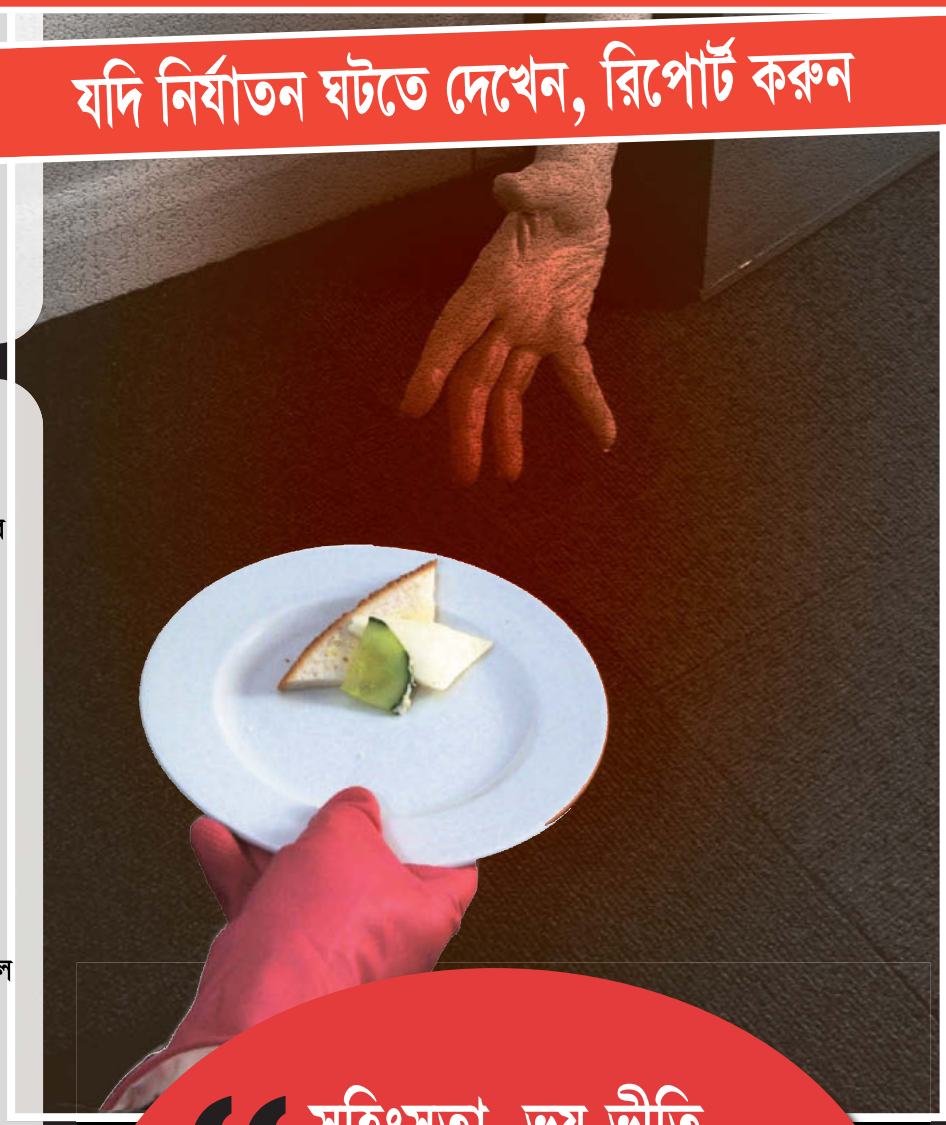
This year in London there are two EXTRA festivals and one is on Saturday, July 11 in Mile End Park.

OBG EXTRA's London team are currently recruiting performers and workshop leaders.

For more information, contact artistic programmer Amy Tsang at **london@superact.org.uk**

এটি নির্যাতন

যদি নির্যাতন ঘটতে দেখেন, রিপোর্ট করুন



সহিংসতা, ভয়-ভীতি এবং নির্যাতন মুক্ত জীবন কাটানোর অধিকার সবার আছে।

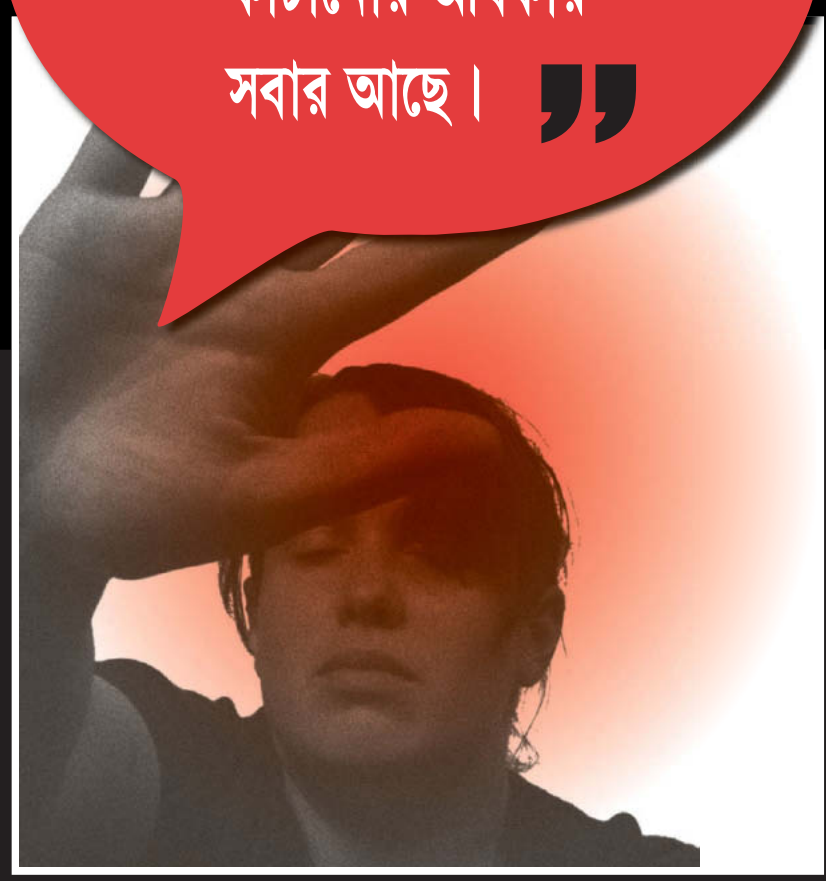
নির্যাতন থেকে সুরক্ষিত থাকার অধিকার সব ঝুঁকিপূর্ণ প্রাপ্তবয়স্কদের আছে। তারা হয়ত নিজেদের রক্ষা করতে তেমন সমর্থ্য নন কারণ:

- তাদের মানসিক স্বাস্থ্য সমস্যা অথবা শিক্ষা বৈকল্য আছে
- তারা শারীরিকভাবে অক্ষম
- তারা বৃদ্ধ
- তারা অসুস্থ

নির্যাতন কি?

- শারীরিক নির্যাতন (যেমন মারধর করা, চড় মারা, লাথি মারা, ধাক্কা দেয়া, ঔষধের অপব্যবহার, বেঁধে রাখা, অনুপযুক্ত আইনের বেড়া জালে আবদ্ধ রাখা)
- অর্থনৈতিক নির্যাতন (যেমন চুরি, জালিয়াতি, দূর্বলতার সুযোগ নেয়া, উইল, উত্তরাধিকার, ধনসম্পদ নিয়ে চাপ প্রয়োগ, ঘরবাড়ী, বেনিফিট অথবা সম্পদের অপব্যবহার,
- যৌন নির্যাতন (যেমন ধর্ষন, যৌন নির্যাতন, এমন যেকোন যৌন নিপীড়ন যেখানে তারা সম্মতি দিতে অপরাগ অথবা এমন যৌন কর্মকান্ড যেখানে তাদের অংশ নিতে বাধ্য করা হয়)
- মনস্তাত্ত্বিক নির্যাতন (এর ভেতরে আছে আবেগগত নিপীড়ন, ক্ষতি করা অথবা ফেলে দেবার হুমকি, অন্যের সাথে যোগাযোগ করতে না দেয়া, অপমান, দোষারোপ, নিয়ন্ত্রণ আরোপ, ভয়ভীতি প্রদর্শন, হয়রানী, মৌখিক অপমান, বিচ্ছিন্ন করে রাখা, সেবা অথবা সহায়তা নেটওয়ার্ক দিতে অস্বীকৃতি)
- অবহেলা এবং বাদ দেয়ার প্রচেষ্টা (যেমন ডাক্তারী পরামর্শ অথবা শারীরিক স্বাস্থ্য কেয়ার চাহিদা অবহেলা, উপযুক্ত স্বাস্থ্য সেবা, সোশ্যাল কেয়ার অথবা শিক্ষা সেবা প্রদানে ব্যর্থতা, ঔষধ, দরকারী পুষ্টি এবং হিটিং না দেয়া
- বৈষম্যমূলক নির্যাতন (এর ভেতরে আছে বর্ণবাদী, যৌনবাদী, ব্যক্তির ডিজঅ্যাবিলিটির উপরে ভিত্তি করে, হয়রানী, গালমন্দ)

“সহিংসতা, ভয়-ভীতি এবং নির্যাতন মুক্ত জীবন কাটানোর অধিকার সবার আছে।”



নির্যাতনের অভিযোগ করুন

অ্যাসেসমেন্ট অ্যান্ড ইন্টারভেনশান টীমকে **020 7364 5005** নাম্বারে ফোন করুন। এ ছাড়াও আপনি ইমেইল করতে অথবা আমাদের ওয়েবসাইট থেকে অ্যালার্ট ফর্ম পূরণ করুন:
http://www.towerhamlets.gov.uk/safeguarding

নির্যাতনের অভিযোগ করতে সাহায্য পেতে আমাদের একটি লাইব্রেরি, ওয়ান স্টপ শপ অথবা লেজার সেন্টারে চলে আসুন।

পুলিশের কাছে নির্যাতনের অভিযোগ করতে দয়া করে টাওয়ার হ্যামলেটস্ মাল্টি এজেন্সি সেফগার্ডিং হাবকে 020 3276 3501 নাম্বারে ফোন অথবা towerhamletsMASH@met.police.uk ঠিকানায় ইমেইল করুন।

ইমার্জেন্সি নয় এমন পুলিশী বিষয়ের জন্য দয়া করে 101 নাম্বারে ডায়াল করুন। যদি আপনি তৎক্ষনাত ঝুঁকিতে থাকেন তাহলে দয়া করে পুলিশকে 999 নাম্বারে ফোন করুন।

যারা নির্যাতনের ঝুঁকিতে আছেন তাদের খোঁজখবর নেয়া সকলের দায়িত্ব। যদি কারো মনে হয় যে কাউকে নির্যাতন করা হচ্ছে তাহলে এজেন্সিকে সতর্ক করা তাদের কাজ। যদি নির্যাতন ঘটতে দেখেন তাহলে রিপোর্ট করুন।

LOVE FOOD hate waste

Wasting food hits your pocket

Love Food Hate Waste provides recipes for using up leftovers and handy tips and advice to help us waste less food. Wasting food costs the average family with children around £680 a year.

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An urban melting pot of culture and cuisine

BY PARSIMONIOUS PERCY

IT WAS hard to know where to begin. Tucked away in the Euro car park on Shoreditch High Street, the Urban Food Fest was a bubbling melting pot of world culture and culinary delight.

Tightly packed trucks, stalls and shacks with international delights lined the square around groups of tables.

On offer was Caribbean and Mexican, Portuguese and Middle Eastern alongside Indian, Mexican and Brazilian and many more. For the thirsty, there were stalls selling cocktails, wines, spirits and beers.

The choice was as varied as the clientele and there was even a makeshift stage (a small one) where a musician played Spanish guitar and sang whilst his friends accompanied him on backing vocals and percussion. Did I mention that the Urban Food Fest was packed?

My choice was Colombian street food and, although the queue was long – it took about fifteen minutes to be served – it was well worth the wait. I chose the chicken and chorizo, at £7. The meat was cooked freshly on the grill by Roberto, a super-friendly Colombian chef.

With a bed of salad greens as a base, the plate box was stacked with a layer of savoury rice, topped and toed with a red cabbage, garlic new potatoes, fried plantain and kidney beans (frijoles). Then came the chargrilled chicken and chorizo, the dish topped with a tomato salsa.

Roberto, the super-friendly Columbian chef

My dining partner chose the tender venison from the Brazillian churasco.

Not only was our food great but we were lucky to find a table among the throng. We got chatting to three American students – Juliana from Long Island, Jessica from Los Angeles and Eliana, an upstate New Yorker. They wolfed Portuguese pastries and were amazed that London had night events like this, as nothing like this existed in New York.

Also at our table sat Kurt, a Californian software developer on a weekend break from Luxembourg with his South African girlfriend. Next to them was a Slovakian and her girlfriend, who did not care to dine but came for the atmosphere and prosecco.

The conversation was as mixed and as vibrant as the culinary offerings.

The Urban Food Fest is a highly recommended dining and social experience at a budget that is highly affordable – the perfect platform for a great night out. Choose well and remember to talk to the people next to you.

In total, the bill came to just £20 for two.

The Urban Food Fest takes place Saturdays, 5pm to midnight, at Euro Car Parks, 162-167 Shoreditch High Street, E1.

Mighty mint to peck up a pitta

THIS month's recipe comes from the Love Food Hate Waste website.

This traditional Middle-Eastern salad is a perfect way to use up day-old pitta breads and makes a substantial but healthy lunch.

If you have a recipe to suggest using leftovers or tips about reducing the amount of food we throw away, you could win £50 worth of shopping vouchers!

Email your offerings to **recycling@towerhamlets.gov.uk**

Fatoush – serves 4

Ingredients

Several pitta breads, French bread or ciabatta, toasted and torn into bite-sized pieces
Salad vegetables – tomatoes, cucumber, celery, lettuce, rocket, baby spinach, red or green peppers, black olives, spring onions, red onions – all chopped into small pieces
Generous handful of chopped fresh herbs – traditionally a mixture of flat-leaf parsley and mint
Dressing, made from three parts olive oil to two parts lemon juice, crushed garlic, salt and pepper

Method

1. Simply toss all the salad ingredients, the fresh herbs and the pieces of toasted bread together in a large bowl.
2. Pour the dressing on top just before serving.

Homegrown, homemade... in East London

Stepney City Farm

Our award winning café and farm shop offer delicious farm to fork food, much of which is grown on this very special patch of green in E1.

- Fresh, seasonal lunches, sweet treats & Sunday brunches
- Farm eggs, fresh veg and preserves, and a weekly Saturday farmers' market
- Special evening and weekend events with guest chefs

Opening Times:
Farm: 10am-4pm Tuesday – Sunday
Cafe: Wednesday–Friday 9.30am-2.30pm, Saturday-Sunday 10-4pm
Farmers' market: Saturday 10-3pm

Admission is FREE and everyone is welcome.
To book school trips or enquire about group visits please email youth@stepneycityfarm.org

Registered charity number: 1136448

www.stepneycityfarm.org | @stepneycityfarm | facebook.com/stepneycityfarm

Sleepless Nights?

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Landlord Licensing Scheme Consultation

TOWER HAMLETS

A SELECTIVE LICENSING SCHEME FOR THE PRIVATE RENTED SECTOR

Tower Hamlets Council is considering introducing a selective licensing scheme for private landlords renting properties to tenants. This will mean that private landlords will need to obtain a license from the council before a property can be rented out.

The council wants to use selective licensing to tackle anti-social behaviour, deal with poor housing standards and to assist in improving the overall management of rented accommodation.

The areas where the scheme is under consideration are:

- **Spitalfields and Banglatown**
- **Weavers**
- **Whitechapel**
- **Bow East**
- **Bow West**
- **Blackwall and Cubitt Town**
- **Millwall**

For more information, come to one of our drop in sessions, at 6.30pm.

Tue 14/04/15 - St Margaret's House (Bow West)
Mon 20/04/15 - Harry Gosling School (Whitechapel)
Thurs 30/04/15 - PDC Bethnal Green (Weavers)
Tues 05/05/15 - Idea Store Bow (Bow East)
Tues 12/05/15 - Idea Store Whitechapel (Spitalfields & Banglatown)
Mon 18/05/15 - Rowing Club (Millwall)
Mon 01/06/15 - Mulberry Place (Blackwall & Cubitt Town)

If you are a private sector tenant, landlord, business or service provider located in or outside the areas listed above and would like to make some comments then please complete the online questionnaire at www.towerhamlets.gov.uk/llsconsultation

For further information, log on to
www.towerhamlets.gov.uk/landlordlicensing
Consultation runs from March 16, 2015 for 12 weeks

Understand your options

Homeseekers open day is an annual event run by the council's Housing Options service and registered social landlords giving advice on mutual exchanges and moving outside the borough.

SEE BELOW

Green-fingered gift

National Garden Gift vouchers can be bought and spent in more than 2,000 garden centres and shops in the UK.

WWW.THEVOUCHERGARDEN.CO.UK

Lettings agent fined again

BY STEFAN SWIFT

A MANAGEMENT agent who was fined £3,000 in October 2014 has been fined again for withholding information from the council about a different property.

Luis Felipe Tilleria Limongi, of Miles Buildings, Westminster, was found guilty of ignoring a request for information at Thames Magistrates' Court on March 12.

The agent was fined £4,000 and ordered to pay costs of £650 after failing to provide information about a property in Ronald Street, Limehouse.

He was fined last year for a similar offence relating to a flat he managed in Hamlets Way, Mile End.

The court heard Limongi had failed to respond to two council notices requesting this information.

He had been asked by the council to meet officers and tell them who lived at the address and who collected rent on his behalf – information needed to assess overcrowding claims.

Dave Tolley, head of consumer and business regulations, said: "Mr Limongi, like anyone else benefiting from letting private accommodation, has a legal responsibility to share all relevant information with the council. This information is vital if the officers are to improve housing conditions. These notices must not be ignored."

The court case comes as Tower Hamlets seeks views from the public about a proposed landlord licensing scheme for the private rented sector.

It would mean private landlords will be required to obtain a licence from the council to rent their properties, enabling the authority to target bad landlords and support good ones.

The council is hoping private sector landlords, tenants and business or service providers will fill out a questionnaire., which can be found by searching for landlord licensing scheme at **www.towerhamlets.gov.uk**

MORE than 300 people flocked to a Homeseekers day hosted by the council's letting service with community organisations and social housing landlords. As well as giving the public information about services such as mutual exchanges, money management, smarter bidding and Housing Options outside of the borough, the event, at Tarling East Community Centre in Shadwell, provided fun activities including face painting and a bouncy castle, for young visitors.

Lizzie Fletcher, bottom right, pictured with colleagues

April can be the busiest month

Tips from National Garden Gift Vouchers

THE gardening season has officially started and there is plenty going on.

April sees the start of the Love the Plot You've Got campaign in UK garden centres and nurseries to inspire young people to put any outside space to good use. For more on this, visit **www.loveyourplot.com**

Also, the Royal Horticultural Society's National Gardening Week starts next week from April 13-19 encouraging people of all ages to get into gardening.

One of the easiest ways to get started is to grow plants, herbs and even vegetables in containers and pots.

The gardening myth of the month is about adding gravel or broken pots to the bottom of containers to help with drainage. Evidence suggests this is not only a waste of time, but restricts growth, leaving roots sitting in water. Soil holds moisture better than gravel. As long as the container has a hole at its base, water will find a way out.

April is the ideal time to get your garden ready for the summer. It's just as well the days are getting warmer, although there could still be frosts, so take care planting out seedlings too soon.

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tower hamlets homeseekers

03/04/15 - 09/04/15
Closing date for Internet and Telephone bids: 09/04/15

Find out about local schools, council services, transport links, and businesses at: **www.upmystreet.com**

You can bid for these homes only if you have an active application on the Tower Hamlets Housing List. Please do not visit any of them as it may cause a nuisance to neighbours.

We can only contact people we make offers to. Offers are made in priority order based on the lettings policy. A copy of the policy is available from us on 020 7364 2826 or on the website.

টাওয়ার হ্যামলেটস হাউসিং তালিকায় আপনার একটি সক্রিয় আবেদন থাকলেই কেবল এসব বাসাগুলোর জন্যে আপনি নিলাম ডাকার অংশ নিতে পারবেন। অনুগ্রহ করে এই বাসাগুলোর কোনটিই দেখতে যাবেন না কারণ এরফলে প্রতিবেশীরা বিরক্ত হতে পারেন।

যাদেরকে আমরা বাসা দেয়ার প্রস্তাব করি কেবল সেসব লোকেদেরকেই আমরা যোগাযোগ করে থাকি। ভাড়ার নীতিমালার (লেটিং পলিসি) উপর ভিত্তি করে অগ্রাধিকারের ভিত্তিতে বাসা দেয়ার প্রস্তাব করা হয়। 020 7364 2826 নম্বরে অথবা ওয়েবসাইটে এই নীতিমালার কপি পাওয়া যাবে।

Waxaad dooran kartaa guryahan kaliya haddii aad leedahay codsi wali shaqayna oo ku jira liistada guryaha ee Tower Hamlets. Fadlan adigoo raali ah midna ha soo booqan guryahan, waxa laga yaabaa inay buuq ku keenaan jaararka.

Waxaan kaliya oo aan la xidhiidhnaa dadka aanu guryo ugu deeqayno. Guryo bixintu waxa lagu gaadhaa habka mudnaanta loo kala leeyahay ee ku salaysan nidaamka guryo kiraynta. Nuqul ka mid ah nidaamkan waxaad nagaga heli kartaa adigoo la soo xidhiidha telefanka 020 7364 2826 ama cinwaanka internetka

若你仍然登記在塔橋區政府現時生效的房屋名單上，你才可以競投這些房屋。請切勿到任何這些房屋造訪，因爲這可能對鄰居造成滋擾。

我們只能聯絡那些我們可以提供房屋的人士。我們根據租屋政策按優先次序提供房屋。欲索取這份政策，請致電我們，號碼 020 7364 2826，或瀏覽網站。

Nếu đơn thỉnh cầu của bạn trong danh sách xin cấp nhà của Tower Hamlets mà có kết quả, bạn có thể lựa chọn những căn nhà này. Xin đừng tới tham quan bất cứ căn nhà nào vì có thể gây nên những phiền toái cho hàng xóm.

Chúng tôi chỉ có thể liên lạc với những người chúng tôi cấp nhà. Quyết định cấp nhà theo thứ tự ưu tiên dựa trên chính sách cho thuê nhà. Nếu bạn cần bản sao chính sách này, bạn có thể gọi số 020 7364 2826 hoặc vào trang web.

آپ اِن گھروں کے لئے صرف اُسی صورت میں بولی دے سکتے ہیں اگر ''ٹاور ہیملٹس ہاؤسنگ لسٹ'' میں آپ کی درخواست واجب اور زیرِ غور ہے۔ براہِ کرم اِن میں سے کسی گھر کو دیکھنے کے لئے مت جایئے، کیونکہ یہ ہمسائیوں کے لئے پریشانی کا باعث ہو سکتا ہے۔

ہم صرف اُن لوگوں سے رابطہ کر سکتے ہیں جن کو ہم گھر کی پیشکش کرتے ہیں۔ یہ پیشکش کرایہ داری کی پالیسی کی بنیاد پر ترجیحی لحاظ سے کی جاتی ہے۔ پالیسی کی کاپی ہم سے اس نمبر پر رابطے کے ذریعے دستیاب ہو سکتی ہے 020 7364 2826 یا آپ اسے ویب سائٹ پر ملاحظہ کر سکتے ہیں۔

website: www.towerhamlets.gov.uk

Support Charges apply to **all Sheltered homes for the Over 60's**. This will be covered by Supporting People Subsidy **if you are entitled to Housing Benefit or other benefits**. Subsidy is also available for individuals not in receipt of benefit in some cases. If you need information about financial help, please contact the Lettings Team on 020 7364 0204/0206 or ask for a copy of our leaflet '**Support Charges in long term Supporting People Services**'. This is also available on our website www.towerhamlets.gov.uk.

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Key for Accessible Housing Register

Some people require a home that is accessible. These homes are coded as follows:

Category	*Description*
A Wheelchair Accessible	*Purpose built to meet most recent wheelchair housing standards*
B Partially Wheelchair Accessible	*Designed to older wheelchair housing standards*
C Life time Homes	*Specifically designed to create an accessible and adaptable home*
D Easy Access	*Designed to be spacious with no steps to the property*
E Step-free	*General housing with no steps to the property*
F General Housing	*Does not meet requirements for other categories*
G Not assessed	*Property not yet had access survey*

Vulnerable applicants who need help and information regarding their housing application and with finding suitable accessible and/or adapted homes, contact the Lettings Client Support Team on **020 7364 0204 / 0206 / 0209**.

1. Internet Bidding
Just log on to www.thhs.org.uk

2. Telephone Bidding
Simply call 0845 270 2400

Permit Transfer Scheme: for residents moving to 3 bedroom or larger social rented car free homes

The Mayor of Tower Hamlets introduced the new Permit Transfer Scheme (PTS) to operate from 5 September 2011 to help to reduce the levels of overcrowding in social rented housing in the borough. The PTS helps some families move to larger social rented car free homes by allowing them to retain one on-street resident car parking permit, subject to the PTS criteria as outlined below being met. The PTS is a change in the operation of the Council's existing on-street Residents' Parking Permit Scheme.

CAR FREE HOMES No on-street residents' parking permits issued

The Council's 'car free homes' planning policy was introduced in Tower Hamlets in the late 1990s to help reduce traffic congestion and better manage the limited supply of on-street parking spaces. This initiative also helps to reduce the level of air pollution from motor vehicles and encourages more people to walk, cycle and go by public transport.

The Transport for London (TfL) Cycle Hire scheme (www.tfl.gov.uk/cycling) and local pay-as-you-go car clubs (www.carplus.org.uk) are also now available in Tower Hamlets to help you get around in healthier, greener ways.

If you live in a car free home, you will not be able to apply for on-street residents' car parking permits, unless you hold a disabled driver's blue badge or are eligible under the Permit Transfer Scheme (PTS), which is targeted at social rented housing residents. The criteria for the PTS is as follows:

1. applies to residents moving to **3** bedroom or larger social rented car free homes;
2. only one on-street resident parking permit per household is permitted;
3. you must have held your on-street car parking permit for at least 1 year prior to moving home;
4. your on-street parking permit must be renewed and **not lapse to remain eligible** under the scheme;
5. the tenant is responsible for providing proof of PTS eligibility to Parking Services (including a duly signed and dated Tower Hamlets Homes or housing association approved tenancy agreement); and
6. the PTS was introduced on (and operates from) 5 September 2011 by Tower Hamlets Council and **is not retrospective**.

Residents in car free homes can apply for a temporary parking permit for visiting trades people for £5 a day. To qualify, written proof of the work to be carried out must be provided, along with the vehicle's details. Each home can apply for a maximum of 20 one-day-permits within a 6 month period.

Alternatively, scratchcards are available for trades people and visitors, providing parking for up to five hours on weekdays and all day on weekends. Households can apply for up to 3 books of 10 scratchcards per year. For permit charges and information, visit www.towerhamlets.gov.uk/parking

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

SHELTERED
Accessible Category E
ROCHESTER COURT, WILMOT STREET, E2
Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Permit parking • Pets not permitted
Eligibility : Min Client Age 60
£166.32, Weekly - Social Rent
Landlord: Gateway Housing Association
Property Ref: 32013

SHELTERED
Accessible Category E
MANDELA HOUSE, VIRGINIA ROAD, E2
Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Permit parking • Pets not permitted
Eligibility : Min Client Age 60
£188.84, Weekly - Social Rent
Landlord: Gateway Housing Association
Property Ref: 32036

OVER 50's
Accessible Category F
JAMAICA STREET, E1
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission
Eligibility : Min Client Age 50
£147.69, Weekly - Social Rent
Landlord: Swan Housing Association
Property Ref: 32028

OVER 50's
Accessible Category F
STRAFFORD STREET, E14
Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Permit parking • Pets not permitted
Eligibility : Min Client Age 50
£157.59, Weekly - Social Rent
Landlord: One Housing Group
Property Ref: 32027

BEDSIT SELF-CONTAINED FLAT
Accessible Category F
LE MOAL HOUSE, STEPNEY WAY, E1
Flat • 0 Bed 1 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted
£101.97, Weekly - Social Rent
Landlord: Tower Hamlets Council
Property Ref: 32018

BEDSIT SELF-CONTAINED FLAT
Accessible Category F
CHADBOURN STREET, E14
Flat • 0 Bed 1 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission. One week's advance rent required
£0.00, Rent to be advised
Landlord: Poplar HARCA
Property Ref: 32021

BEDSIT SELF-CONTAINED FLAT
Accessible Category E
REDBOURNE HOUSE, NORBITON ROAD, E14
Flat • 0 Bed 1 Person • 2nd floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted
£93.04, Weekly - Social Rent
Landlord: Tower Hamlets Council
Property Ref: 32026

BEDSIT SELF-CONTAINED FLAT
Accessible Category F
BRIMSDOWN HOUSE, DEVAS STREET, E3
Flat • 0 Bed 1 Person • 2nd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission .One week's advance rent required
£0.00, Rent to be advised
Landlord: Poplar HARCA
Property Ref: 32022

1 BEDROOM
Accessible Category F
CHICKSAND STREET, E1
Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted
£128.40, Weekly - Social Rent
Landlord: Tower Hamlets Council
Property Ref: 32010

1 BEDROOM
Accessible Category F
UAMVAR STREET, E14
Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission One week's advance rent required
£0.00, Rent to be advised
Landlord: Poplar HARCA
Property Ref: 32075

1 BEDROOM
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 1 Bed 2 Person • 2nd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only
£165.68, Weekly - Social Rent
Landlord: Genesis Housing Association
Property Ref: 32030

1 BEDROOM
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 1 Bed 2 Person • 3rd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only
£165.68, Weekly - Social Rent
Landlord: Genesis Housing Association
Property Ref: 32042

1 BEDROOM
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 1 Bed 2 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only
£162.40, Weekly - Social Rent
Landlord: Genesis Housing Association
Property Ref: 32050

1 BEDROOM
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 1 Bed 2 Person • 5th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only
£165.68, Weekly - Social Rent
Landlord: Genesis Housing Association
Property Ref: 32056

1 BEDROOM
Accessible Category F
WESTBROOK HOUSE, VICTORIA PARK SQUARE, E2
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted
£110.36, Weekly - Social Rent
Landlord: Tower Hamlets Council
Property Ref: 32038

1 BEDROOM
Accessible Category E
ZANDER COURT, E2
Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Residents parking scheme • Pets not permitted
£124.60, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing
Property Ref: 32023

1 BEDROOM
Accessible Category F
TILLETT WAY, E2
Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted
£116.70, Weekly - Social Rent
Landlord: Tower Hamlets Council
Property Ref: 32009

1 BEDROOM
Accessible Category F
LEADENHAM COURT, SPANBY ROAD, E3
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted
£125.54, Weekly - Social Rent
Landlord: Tower Hamlets Council
Property Ref: 32062

1 BEDROOM
Accessible Category F
VERITY HOUSE, MERCHANT STREET, E3
Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Residents parking scheme,Permit parking • Pets with landlords permission
£120.41, Weekly - Social Rent
Landlord: EastendHomes
Property Ref: 32074

1 BEDROOM
Accessible Category F
BECKLEY HOUSE, HAMLETS WAY, E3
Flat • 1 Bed 2 Person • 5th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets with landlords permission
£118.80, Weekly - Social Rent
Landlord: EastendHomes
Property Ref: 32017

1 BEDROOM
Accessible Category F
GRAFTON HOUSE, WELLINGTON WAY, E3
Flat • 1 Bed 2 Person • 12th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Residents parking scheme,Permit parking • Pets with landlords permission
£128.82, Weekly - Social Rent
Landlord: EastendHomes
Property Ref: 32073

2 BEDROOMS
Accessible Category F
FARRELL HOUSE, RONALD STREET, E1
Flat • 2 Bed 4 Person • 5th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets not permitted
£146.11, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing
Property Ref: 32069

2 BEDROOMS
Accessible Category F
SOLENT HOUSE, BEN JONSON ROAD, E1
Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted
£126.06, Weekly - Social Rent
Landlord: Tower Hamlets Council
Property Ref: 32068

2 BEDROOMS
Accessible Category F
STOCKHOLM HOUSE, SWEDENBORG GARDENS, E1
Flat • 2 Bed 3 Person • 14th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission
£135.81, Weekly - Social Rent
Landlord: EastendHomes
Property Ref: 32020

2 BEDROOMS
Accessible Category F
HATTON HOUSE, HINDMARSH CLOSE, E1
Flat • 2 Bed 3 Person • 19th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission
£148.58, Weekly - Social Rent
Landlord: EastendHomes
Property Ref: 32019

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

2 BEDROOMS
Accessible Category F
THERMOPYLAE GATE, E14

Flat • 2 Bed 3 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets with landlords permission

£134.71, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 32070

2 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 2 Bed 4 Person • 2nd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

Advert represents 2 properties
£191.12, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32031

2 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 2 Bed 3 Person • 2nd floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

£195.82, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32034

2 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 2 Bed 3 Person • 3rd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

Advert represents 2 properties
£187.79, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32043

2 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 2 Bed 4 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

£191.12, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32051

2 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 2 Bed 3 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

£181.51, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32052

2 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 2 Bed 3 Person • 4th floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

£195.76, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32053

2 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 2 Bed 3 Person • 5th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

£187.79, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32057

2 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 2 Bed 3 Person • 5th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

£181.51, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32058

2 BEDROOMS
Accessible Category F
TORRANCE HOUSE, TURIN STREET, E2
Flat • 2 Bed 3 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

£124.30, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32064

2 BEDROOMS
Accessible Category F
CHARLES DICKENS HOUSE, MANSFORD STREET, E2
Flat • 2 Bed 4 Person • 21st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Residents parking scheme,Permit parking • Pets not permitted Children must be aged 10 years or older. Lift to 20th floor only. Concierge . Heating and water included in charges.

£152.10, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

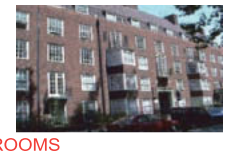
Property Ref: 32076

2 BEDROOMS
Accessible Category F
ST PETERS CLOSE, E2

Maisonette • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£147.69, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 32061



2 BEDROOMS
Accessible Category F
MULBERRY HOUSE, VICTORIA PARK SQUARE, E2
Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets permitted

£127.02, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32012

2 BEDROOMS
Accessible Category D
NAPIER HOUSE, CAMPBELL ROAD, E3

Flat • 2 Bed 4 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets with landlords permission • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy

£153.05, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 32066

2 BEDROOMS
Accessible Category C
BARBER COURT, VIOLET ROAD, E3

Flat • 2 Bed 3 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required

£152.19, Weekly - Social Rent
Landlord: Peabody

Property Ref: 32000

2 BEDROOMS
Accessible Category F
FAIRFOOT ROAD, E3

Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Permit parking • Pets with landlords permission. One week's advance rent required

£0.00, Rent to be advised
Landlord: Poplar HARCA

Property Ref: 32024

3 BEDROOMS
Accessible Category F
HAVERING STREET, E1

House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C,Wet room (walk in shower) • GCH • Private garden • Permit parking • Pets permitted • Fixed Term. This is a fixed term tenancy of 5 Existing social housing tenants will be issued an assured tenancy

£158.06, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32035

3 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 3 Bed 6 Person • 2nd floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

£210.76, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32029

3 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 3 Bed 5 Person • 2nd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

£209.18, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32032

3 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 3 Bed 5 Person • 3rd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

Advert represents 3 properties
£210.88, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32039

3 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 3 Bed 6 Person • 4th floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£210.76, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32047

3 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 3 Bed 5 Person • 5th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

Advert represents 2 properties
£209.18, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32059

3 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14
Flat • 3 Bed 5 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

£209.18, Weekly - Social Rent
Landlord: Genesis Housing Association

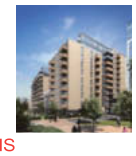
Property Ref: 32067

3 BEDROOMS
Accessible Category F
FLINDERS HOUSE, GREEN BANK, E1W

Flat • 3 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets permitted

£140.67, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32011



3 BEDROOMS
Accessible Category C
BARBER COURT, VIOLET ROAD, E3

Flat • 3 Bed 4 Person • 2nd floor • New build • Open plan kitchen • One lift • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required

£179.45, Weekly - Social Rent
Landlord: Peabody

Property Ref: 31998

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk

4 BEDROOMS
Accessible Category C
PARKSIDE SQUARE, E14

Maisonette • 4 Bed 6 Person • Ground Floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • No garden • Car free home • Pets not permitted .Electric cooking only.

£177.13, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 32014

4 BEDROOMS
Accessible Category F
TILLER ROAD, E14

House • 4 Bed 6 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • Electric storage heater • Private garden • Off street parking • Pets permitted Service charge to be advised.

£157.13, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 32077

4 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14

Flat • 4 Bed 7 Person • 3rd floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

Advert represents 2 properties
£231.08, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32040

4 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14

Flat • 4 Bed 7 Person • 4th floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

£231.98, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32048

4 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14

Flat • 4 Bed 7 Person • 4th floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.Existing social housing tenants will be issued an assured tenancy. Electric cooking only

£223.88, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32049

4 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14

Flat • 4 Bed 7 Person • 5th floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

£223.94, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32054

4 BEDROOMS
Accessible Category C
JESSOP BUILDING, DOMINION WALK, E14

Flat • 4 Bed 7 Person • 5th floor • New build • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Existing social housing tenants will be issued an assured tenancy. Electric cooking only

£223.88, Weekly - Social Rent
Landlord: Genesis Housing Association

Property Ref: 32055

4 BEDROOMS
Accessible Category F
RIDGDALE STREET, E3

House • 4 Bed 7 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Permit parking • Pets permitted

£180.82, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 32072

4 BEDROOMS
Accessible Category F
CANTERBURY HOUSE, BOW ROAD, E3

Flat • 4 Bed 8 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Permit parking • Pets with landlords permission .One week's advance rent required

£0.00, Rent to be advised
Landlord: Poplar HARCA

Property Ref: 32025

4 BEDROOMS
Accessible Category C
BARBER COURT, VIOLET ROAD, E3

Flat • 4 Bed 6 Person • 1st floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required .

£191.87, Weekly - Social Rent
Landlord: Peabody

Property Ref: 31997

4 BEDROOMS
Accessible Category C
BARBER COURT, VIOLET ROAD, E3

Flat • 4 Bed 6 Person • 2nd floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required

£191.87, Weekly - Social Rent
Landlord: Peabody

Property Ref: 31999

4 BEDROOMS
Accessible Category C
BARBER COURT, VIOLET ROAD, E3

Flat • 4 Bed 6 Person • 4th floor • New build • Open plan kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Balcony • Car free home • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. One week's advance rent required

£191.87, Weekly - Social Rent
Landlord: Peabody

Property Ref: 32001

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life. Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at www.thhs.org.uk for further information.

AFFORDABLE RENT
Accessible Category G
SEXTON COURT, NEWPORT AVENUE, E14

Flat • 4 Bed 6 Person • Ground Floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£292.00, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32065

AFFORDABLE RENT
Accessible Category C
GLASSHOUSE FIELDS, E1W

Flat • 2 Bed 4 Person • Ground Floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Life Time.

£255.50, Weekly - Affordable Rent
Landlord: Newlon HA

Property Ref: 32008

AFFORDABLE RENT
Accessible Category C
GLASSHOUSE FIELDS, E1W

Flat • 2 Bed 4 Person • Ground Floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Life Time.

£255.50, Weekly - Affordable Rent
Landlord: Newlon HA

Property Ref: 32015

AFFORDABLE RENT
Accessible Category C
GLASSHOUSE FIELDS, E1W

Flat • 2 Bed 4 Person • Ground Floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Life Time.

£255.50, Weekly - Affordable Rent
Landlord: Newlon HA

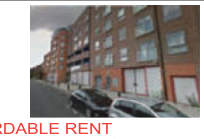
Property Ref: 32006

AFFORDABLE RENT
Accessible Category C
GLASSHOUSE FIELDS, E1W

Flat • 3 Bed 5 Person • Ground Floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • No garden • Car free home • Pets not permitted • Life Time.

£273.50, Weekly - Affordable Rent
Landlord: Newlon HA

Property Ref: 32007



AFFORDABLE RENT
Accessible Category C
JOHN BOWLES COURT, SCHOOLHOUSE LANE, E1W

Flat • 4 Bed 8 Person • Ground Floor • New build • Separate kitchen • No Lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Private garden • Car free home • Pets not permitted • Life Time.

£292.00, Weekly - Affordable Rent
Landlord: Newlon HA

Property Ref: 32002

AFFORDABLE RENT
Accessible Category C
JOHN BOWLES COURT, SCHOOLHOUSE LANE, E1W

Flat • 2 Bed 4 Person • Ground Floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted • Life Time.

£247.00, Weekly - Affordable Rent
Landlord: Newlon HA

Property Ref: 32003

AFFORDABLE RENT
Accessible Category C
SCHOOLHOUSE LANE, E1W

Flat • 4 Bed 7 Person • Ground Floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C and Additional W/C,Separate Shower Room • GCH • Check garden on viewing • Car free home • Pets not permitted • Life Time.

£304.50, Weekly - Affordable Rent
Landlord: Newlon HA

Property Ref: 32004

AFFORDABLE RENT
Accessible Category C
SCHOOLHOUSE LANE, E1W

Flat • 2 Bed 4 Person • Ground Floor • New build • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Check garden on viewing • Car free home • Pets not permitted • Life Time.

£247.00, Weekly - Affordable Rent
Landlord: Newlon HA

Property Ref: 32005

AFFORDABLE RENT
Accessible Category F
HITCHIN SQUARE, E3

Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C and Additional W/C • GCH • Private garden • Residents parking scheme • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£247.16, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 32016

AFFORDABLE RENT
Accessible Category G
BUNSEN HOUSE, GROVE ROAD, E3

Flat • 2 Bed 3 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£236.91, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 32037

AFFORDABLE RENT
Accessible Category G
FLOWER AND DEAN WALK, E1

Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • No Lift • Entryphone • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£191.47, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 32063

For more detailed information about the following adverts please visit the Homeseekers website at **www.thhs.org.uk**

WOULD YOU LIKE TO MOVE TO ANOTHER PART OF LONDON?

Would you benefit from being nearer work or training? Do you have spare bedrooms in your home? Would you like to live closer to family or friends?

If your answer is 'yes' to any of these questions, and you currently live in social housing, the Mayor of London's Housing Moves scheme may be just what you're looking for.

Housing Moves offers Londoners living in social housing the chance to move home within the capital.

London boroughs and housing associations advertise homes available to social tenants from other parts of London on the Housing Moves website. The number of properties on offer through the scheme at any given time varies. But regular website visitors will see properties of all types and sizes across London.

Priority is given to applicants who:
- are in work or training
- currently have more bedrooms than they need
- wish to move in order to provide care for friends or relatives.

People who move through the scheme become a tenant of the council or housing association that manages the property. The new landlord will give you information about the type of tenancy offered and the rent and service charges you will be expected to pay. Some of this information is also available on the Housing Moves website.

Housing Moves is open to social housing tenants with an assured or secure tenancy. You are not eligible if you are on an introductory or starter tenancy, or you are in temporary accommodation. Applicants must live in a borough that is contributing properties to the scheme. You must have had no rent arrears for at least 12 months and must not be going through possession procedures or being evicted.

Once you have registered, you appilcation will be checked by your landlord. If your landlord is happy to approve your application, you will then be able to bid for properties through the website.

To find out more and to apply go to **www.housingmoves.org**

If you have any questions about the scheme, please contact your landlord.

Housing Moves is very popular, so we cannot guarantee a move to everyone who applies.

The scheme is operated by the Mayor of London.

The Mayor of London also runs the Seaside & Country Homes scheme. This is a scheme to help London's older social tenants to move to flats and bungalows in the countryside or on the coast. Visit **www.housingmoves.org** for more information about the scheme and to register.

HousingMoves

MAYOR OF LONDON

1. Internet Bidding – Just log on to www.thhs.org.uk

2. Telephone Bidding – Simply call 0845 270 2400

Reminder

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.

tower hamlets homeseekers

Smart Training

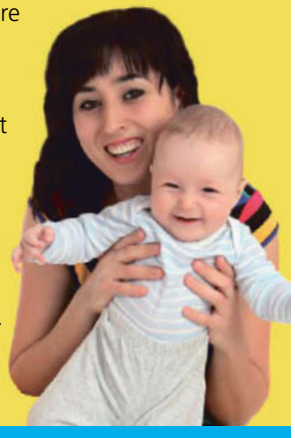
Want to work in childcare?

Boost your employment chances with a training course

Aged 16-24 and looking to get started in a childcare career? Then study for free* for a Childcare Traineeship with Smart Training.

Training is weekly in East London.

- High quality childcare placement
- Get tuition to improve your Maths and English
- Improve your interview skills
- Get help with job searching
- Gain a Certificate in Work Skills.



*Depending on your existing qualifications. You must have lived in the UK or European Union for the last three years.

Interested? Text SMART to 80800, email start@smart-training.com or phone 020 3700 4294.

www.smart-training.com/jobsandadvice

Did you know...

you could place an advert here for as little as £72 + VAT?

Sir John Cass

Sir John Cass's Foundation & Red Coat CoE Secondary School and Sixth Form College

Stepney Way, London E1 ORH
Tel: 020 7790 6712
Fax: 020 7790 0499
www.sjcr.net

HR/Administrator

Salary level £25,000 - £30,000 dependent on experience and qualifications | 35 hours per week - all year round appointment

To provide administrative and organisational support to the HR and School Admin Departments. Candidates should have experience of HR with good communication skills both verbal and written. They must be educated to degree level with at least two years HR/Admin experience.

Please complete the Application form on the school website www.sjcr.net and send to Mr Evans, the Headteacher, either by post or fax or email haydn.evans@sjcr.net

Closing Date: Sunday 12th April 2015

To place your ad in East End Life, call...

Terri on 7364 4682
Chris on 7364 4994
Fatima on 7364 4623
Sharan on 7364 4061

Look Ahead

CARE AND SUPPORT

POSITIVE ABOUT DISABLED PEOPLE

INVESTORS IN PEOPLE

Job Title: Support Worker (Bengali Speaking) - Full Time (40hrs) Fixed-Term (9 months)

Location: Tower Hamlets Independent Living Community Support Service

Salary: 19,000 per annum

Closing Date: 17/04/2015

Reference: ILCS/SW

Independent Living Community Support Service (ILCS) provides specialist mental health floating support to customers with severe and enduring mental health conditions.

The support is provided in customer's own home and in the community across Tower Hamlets. The service offers flexible support hours and is accessible 7 days a week, between the hours of 8am-8pm when required.

The role of Support Worker is to support customers in a way that maximises their self-sufficiency and enables them to live independently in their own homes. The service works very closely with secondary mental health services in order to address a range of support needs, including, mental health, daily living skills, tenancy sustainment, welfare benefits and dual diagnosis.

Please refer to the Job Description for full details.

If you wish to apply for this vacancy, please visit our website www.lookahead.org.uk and complete the application form online. You will also find the person specification and Job Description.

Please contact Marufuz Zaman/ Kolil Miah for additional information regarding this post on 020 7422 0821.

Look Ahead provides a wide range of specialist care, support and accommodation services to over 8,000 people every year across London and the South East.

We work with local authorities and health trusts to support individuals with a variety of needs including mental health, homelessness and learning and physical disabilities, We also work with young people, teenage parents and those with experiences of offending and substance misuse.

We are a dynamic and innovative organisation that has been supporting people for almost forty years. Today we employ over 1000 staff and are committed to growing our care and support services.

Look Ahead is a charitable industrial and provident society registered number 21004R.

For further vacancies please visit our website www.lookahead.org.uk

Career Opportunities

TOWER HAMLETS

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....

DRR Assessor — £31,323 - £32,964 pro rata

Communities, Localities and Culture Directorate
CLC00663 (casual hours) | 12.04.15

Violence Against Women and Girls Training and Awareness Officer — £32,157 - £34,380

Communities, Localities and Culture Directorate
CLC00666 (fixed term contract for 12 months) | 12.04.15

Social Worker (Assessment and Intervention) — £32,157 - £41,811

Education, Social Care and Wellbeing Directorate
ESW00406 | 19.04.15

Social Worker (Sight and Hearing) — £32,157 - £41,811 pro rata

Education, Social Care and Wellbeing Directorate
ESW00320 | Part-time (17.5 hours) | 29/04/15

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.

EQUALITY FRAMEWORK FOR LOCAL GOVERNMENT EXCELLENT | POSITIVE ABOUT DISABLED PEOPLE | London Living Wage Employer | INVESTORS IN PEOPLE Silver | Stonewall TOP 100 EMPLOYERS 2014

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – THRAWL STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Thrawl Street for a distance of approximately 30 metres in the eastbound direction from its junction with Commercial Street.

The restriction on vehicular traffic will enable essential crane works to be carried out on the public highway by Cobra Traffic Management.

There are no alternative routes for vehicular traffic as it is a cul-de-sac or dead end street.

The restriction on vehicular traffic will operate on the following three weekends and at times when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002:

a) On Saturday 25th April 2015 from 08:00 hours until 18:00 hours;

b) On Saturday 2nd May 2015 from 08:00 hours until 18:00 hours;

c) On Saturday 9th May 2015 from 08:00 hours until 18:00 hours.

Please refer any queries regarding the above traffic restriction to Dave Pryce, Network Coordinator, Clean, Green and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 6th April 2015

**JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – PRESTON ROAD E14

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will continue in force to prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Preston Road (within the first left lane in the southbound direction only) for a distance of approximately 80 metres between its junction with Yabsley Street and its junction with Raleana Road.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Telford Homes Plc.

There is no alternative route required for vehicular traffic as the other lane in the southbound direction will be clear for all vehicular traffic.

The restriction on vehicular traffic will continue to operate from Tuesday 14th April 2015 to Wednesday 14th October 2015 excluding weekends from 09:30 hours until 15:00 hours when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to John Parsons, Transport and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 6th April 2015

**JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG**

LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

St Peter's Vicarage, Som House, 95 Cephas Street, London, E1 4AU — **PA/15/651/JTH**
Internal alterations to provide en-suites to all bedrooms in an existing care home.

213-217 Bow Road, London, E3 2SJ — **PA/15/594/SHA**
Application for variation of condition no. 2 (approved drawings) of planning permission dated 10/03/2014, ref: PA/13/00862

Telecommunication Mast, opposite Market Square, Chrisp Street, London — **PA/15/631/BMC**
Replacement 15m mast and two associated radio equipment cabinets.

145 St Leonards Road, London, E14 0RS — **PA/15/632/CSK**
Proposed 4th Floor to existing building to form 1x 1bed flat.

446 Roman Road, London — **PA/15/646/LAB**
Replacement of existing shop front and removal of illuminated sign.

153 East India Dock Road, London E14 6DA — **PA/15/00392/BMC**
Listed building consent is sought for: erection of a pergola of tensioned wires and erection of shed in rear garden and associated works.

423 Mile End Road, London E3 4PB — **PA/15/00635/JT**
Additional storey to rear extension with infill side passage and internal alterations with new timber sash windows to main listed building.

Flat 8, Penny Gaff House, 89 Redchurch Street, London, E2 7DJ — **PA/15/231/LYM**
Application for replacement windows.

Footway Adjacent To Bow Road London Underground Station, Bow Road, E3 — **PA/15/275/EBW**
Relocation of 36 Barclays Cycle Hire inset foundation docking points for scheme cycles on the footway adjacent to Bow Road London Underground Station, Bow Road, E3 in association with the Cycle Superhighway 2 Upgrade works commencing in early 2015.

21 Flamborough Street, London, E14 7LS — **PA/15/437/LAB**
Change the paint colours of all windows and doors. Change the modern front door for a reclaimed Georgian six panel front door.

115 New Road, London, E1 1HJ — **PA/15/295/SHA**
Change of use of the ground floor from retail (Use class A1) to a restaurant (Use class A3)
Change of use of first floor office (Use class B1) to a restaurant (Use class A3)
Installation of extraction unit

10 Vyner Street, London, E2 9DG — **PA/15/623/PLA**
Application for a minor material amendment to approved planning permission ref PA/14/01803 dated 19/08/2014.
Original permission: Erection of a 2 storey roof extension to an existing 2-storey artist studio and gallery, including alterations to front elevation.
Amendments sought: Increase to top floor massing to accommodate an enlarged admin office with 3 additional desk spaces and a meeting room.

Ground Floor Left, Exchange Building, 132 Commercial Street, London, E1 6NG — **PA/15/644/KHA**
Installation of 2 externally illuminated fascia signs and vinyl advertisement to be applied to front elevation.

Units 1-7 Temple Yard, Temple Street, London — **PA/15/413/PLA**
External alterations including basement extension underneath the courtyard and replacement of fenestration in association with the Prior Approval consent dated 6th November 2014 (ref: PA/14/02535) for change of use from Offices (Use Class B1a) to 9 residential units (Use Class C3).

Unit 1, Block B, 2 Fawe Street, London E14 6PD — **PA/15/00532/IOL**
Reduction in height of existing chimney due to dangerous nature. Masonry is falling from upper sections of chimney.

75 Burdett Road, London E3 4TN — **PA/15/00606/CSK**
Change of use from (A1) retail to (A3) hot food café and restaurant, including installation of external aluminium weather louvre flue to the rear at upper ground floor level.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

8 Gascoigne Place, London, E2 7LY — **PA/15/544/LYM**
Demolition of the existing rear extension and replaced by a full width single storey rear extension.

30 Hesperus Crescent, London, E14 3AD — **PA/15/567/KFL**
Erection of single-storey rear extension, and rear dormer loft conversion.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 6th April 2015

OWEN WHALLEY
Head of Planning and Building Control

TOWER HAMLETS

Public and Legal notices could effect you in many ways. These notices inform the public of planning act notices from roads to buildings as well as licensing act notices, insolvency acts, notices to creditors, missing beneficiaries etc.

Public notices

PUBLIC NOTICE

LONDON BOROUGH OF TOWER HAMLETS LICENSING ACT 2003

NOTICE OF APPLICATION FOR A PREMISES LICENCE

NOTICE IS GIVEN, tthat Easy Bar Ltd T/A Tomorrow Bar & Restaurant has applied to London Borough of Tower Hamlets Licensing Authority for a Premises Licence under the Licensing Act 2003.

Premises: Tomorrow Bar & Restaurant, 132 Bethnal Green Road, E2 6DG

The licensable activities and timings are: Sale Alcohol. Sale Food. Live Music. Karaoke. From 12.00 to 01:00.

Anyone who wishes to make representations regarding this application must give notice in writing to: The Licensing Section, London Borough of Tower Hamlets, Mulberry Place, 5 Clove Crescent, London E14 2BG
Website: www.towerhamlets.gov.uk
Tel: 020 7364 5008

Representations must be received no later than 14/04/15

The Application Record and Register may be viewed between 10am and 4pm Monday to Friday during normal office hours at the above address.

It is an offence under Section 158 of the Licensing Act 2003, knowingly or recklessly to make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction for the offence is up to Level 5 on the standard scale (£5000)

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – KING DAVID LANE E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in King David Lane between its junction with Juniper Street and its junction with Cable Street.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by SKANSKA.

The alternative route for vehicular traffic will be via The Highway, Glamis Road, and Cable Street.

Throughout the duration of the works and at times when the "one way" and "no entry" traffic signs are covered, the existing one way working in King David Lane between its junction with Juniper Street and its junction with Cable Street will be temporarily suspended.

The restriction on vehicular traffic will operate on Monday 27th April 2015 and Tuesday 28th April 2015 and at times when temporary traffic signs and cones are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Dave Pryce, Network Coordinator, Transport and Highways on 020 7364 6898 or email, david.pryce@towerhamlets.gov.uk

Dated: 6th April 2015

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

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Make sure you know what's going on in your neighbourhood.

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Terri on 7364 4682
Chris on 7364 4994
Fatima on 7364 4623
Sharan on 7364 4061

Public&Legal Notices

ALONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Land Bounded By Park Place, Westferry Road & Heron Quay Road, (Newfoundland) London, E14 **PA/15/630/KHA**

Erection of a 58 storey and linked 2 storey building with 3 basement levels to comprise of 568 residential units (use class C3), 7 ancillary guest units (use class C3), flexible retail use (use class A1-A4), car and cycle parking, pedestrian bridge, alterations to deck, landscaping, alterations to highways and other works incidental to the proposal.

Variation of condition 2 (approved plans) of planning permission dated 5th December 2014, reference PA/14/02134. Amendments listed below:

- Conversion of 16x 2-bedroom units to create 16x 1-bedroom units and 16x studio units resulting in 16 additional units overall.
- Changes to basement layout including the number of cycle parking spaces.

(10 Bank Street) Heron Quays West, Heron Quay, London, E14 **PA/15/619/JTH**

Submission of reserved matters pursuant to condition no. 17 (piling method statement), 19 (design and method statement), and 20 (stabilisation study of the Grade I Listed Banana Dock Wall) of outline planning permission dated 06/11/2013, ref: PA/13/01150.

Morley House, 63 Glasshouse Fields, London **PA/15/00620PLA**

Variation of condition 1 (approved drawings) and 5 (cycle parking) of planning permission dated 17/12/2012, ref PA/11/03792.

Approved development:

Erection of a residential part four part six storey building to provide 20 residential units (5 x 1 bed, 7 x 2 bed, 6 x 3 bed and 2 x 4 bed), including parking, cycle parking, amenity space and associated development.

Proposed amendments:

- Provision of external bicycle store adjoining the western boundary of the site, amendments to courtyard layout.
- Addition of a glazed entrance canopy to Glasshouse Fields entrance.

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 6th April 2015

OWEN WHALLEY
HEAD OF PLANNING & BUILDING CONTROL

TOWER HAMLETS

Net gains from football

The Father's Football project, founded in 2012, by Gareth Haddow, addresses health needs and encourages greater involvement by dads in their children's education.

HTTP://AMBASSADORSFOOTBALL.ORG

Sport

DADS of primary school children took part in a football tournament run by a faith-based charity, which aims to bring men of different cultures together.
Run by Ambassadors Football, the fathers football tournament held at Stepney Green Park on March 19, saw scores of teams represent schools across the borough.
In the final, Cubitt Town Dads United (pictured) beat fathers from Harbinger School.

Leisure centres

John Orwell Sports Centre
Tench Street, Wapping, E1W.
7488 9421

Langdon Park Leisure Centre
35 Byron Street, Poplar, E14
SHOKK Youth Fitness Centre.
7987 3575

Mile End Park Leisure Centre
190 Burdett Road, E3.
8709 4420

Mile End Park Stadium
Rhodeswell Road, Poplar, E14.
8980 1885

St George's Pools
221 The Highway, Wapping E1W.
7709 9714

Tiller Leisure Centre
Tiller Road, Isle of Dogs, E14.
7987 5211

Whitechapel Sports Centre
55 Durward Street, Whitechapel, E1.
7247 7538

York Hall Leisure Centre
5-15 Old Ford Road, E2.
8980 2243

Sport & leisure

Back to netball
Weekly. Tues, 6pm. £1.10. John Orwell Sports Centre, Tench Street, E1W.
07914 685261

Body conditioning
Thurs, 6.15pm. Shadwell Basin Centre, Glamis Road, E1.
07961 951522

Cricket coaching
Under-11s and under-13s – Weds, 4-5.30pm; under-16s – Tues, 4.30-6pm; ages 16+ – Thurs 5-8pm.
Dockland Settlements, 197 East Ferry Road, E14.

Docklands women's running group
All abilities welcome
Mon, 6.30pm. Mile End Stadium, Rhodeswell Road, E14.
07958 368070

Football training
Every Sat, 9-11am for boys and girls aged 5-11,Mulberry School, Richard Street, E1; 12-1pm for boys and girls aged 3-5. St Patrick's School, Dundee Street, E1W.
07956 095218

Kibondo
Martial art for ages 6 & over. Mon, 6.30-8pm, all ages; Fri, 7-8.30pm, seniors & adults. £4 adults, £3 children, first lesson free. Teviot Centre, Wyves Street, E14.
07956 428654

Kickboxing and self-defence
£5 per class. Suns, 1pm; Tues, 7pm (women only).
Whitechapel Sports Centre, Durward Street, E1.
07983 201987

Chi Kung
Ancient, Chinese, gentle, meditative exercises.
Mon, 6-7.15pm.
St Margarets' House Settlement, E2.
07905 098413

Kool Karate and Fitness Fun
Every Tues & Thurs, 5-6pm.
St James-the-Less Hall, St James's Avenue, E2.
07934 126510

Kung fu
Learn the Wong Shun Leung system of ving tsun.
Weds, 8-9pm. £7, adults only (kids classes coming soon).
St John's Church Hall, 200 Cambridge Heath Road, E2.
07930 609379

Kung fu fitness
Mons 7-9pm.Bryant Street Methodist Centre, Stratford, E15.
07950 637345

Muay Thai for women
KO London, 186 The Arches, Globe Road, E2. Sat 3-4.15 £7 concs, £9 waged.
7265 9693

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Proud to be making progress

"To compete in a competition of this stature and finish as the top team makes me very proud and shows that our academy is going in the right direction."

SENSEI RAPHAEL VERAS

Sport

Scarlett Mew Jensen

Diving

Scarlett shares in Team GB victory

DIVER Scarlett Mew Jensen helped Great Britain to victory in the 7 Nations championships in Sweden – even though she didn't win her event.

The 13-year-old from Limehouse was representing her country for the first time, after being selected following her recent performances and national training camp assessments.

Competing against six other European countries and seven other divers aged 17, Scarlett was the youngest in the competition.

But that didn't stop her gaining fourth places on both the 1-metre and 3-metre springboards, missing out on a bronze medal by only a single point.

This was even more impressive as it was the first time she has had to travel on her own without her coach, so had to take charge of her preparation, nutrition and general day-to-day organisation.

Team GB won the event overall beating Germany and Italy, and Scarlett's fourth places were an important part in achieving this.

Soccer

THE **Inner London Football League** staged its Unity Cup tournament with 16 teams contesting the Super Cup and eight teams in the mix for the over-35s Legends Cup.

The match of the day saw the League Cup and Challenge Cup winners – Reachout and Leytonstone – going head to head.

It ended 2-2 and in a cracking penalty shootout Leytonstone were victorious – only to fall 5-1 in the quarter-finals against E7.

The other semi-finalists are London Tigers who beat SCTA 5-4 in a penalty shootout, FC Bengals who defeated FC Hamlets 2-1 and Tower Hamlets, 6-2 winners over Ace.

Tower Hamlets will now play FC Bengals for a place in the final, while reigning cup holders Tigers take on E7.

In the Legends Cup, group A was won by London Tigers with FC Sylhet joining them in the next round. Group B was won by Birmingham Vets while runners-up were Stepney Legends FC.

Hockey

EAST London ladies 3rd team confirmed their hold on third place in Essex Division 2 with a 12-0 annihilation on the south Essex coast.

Captain and player of the match Lexi Elven joined in the fun with the club's goal of the season against Southend's 2nds.

East London men's 2nd team lost out on the road by the odd goal in five against Saffron Walden 3rds

Captain Dominic Tyler and Guy Perkins were on the scoresheet for East.

East's **6th team**, meanwhile fared a little better in an eight goal thriller against Saffron Walden's 7th team

In a tense first half, the home team scored from a penalty stroke.

After the break, recently promoted East came back with two goals from captain Ladi Oloyede and two from Alan Fitzpatrick.

Saffron Walden responded with two field goals and another penalty, to share the points.

Rugby

MILLWALL Rugby Club celebrate their 20th anniversary this year and wants supporters to help build a brighter future.

The club, based on the Isle of Dogs, has launched a Buy A Brick campaign and is asking club members to cough up £100.

For that they will get a brick with their name on a shiny plaque.

Marland Yarde puts Olga Primary School children through their paces

Rugby youngsters to get a chance to shine

BY PETER FAULKNER

THE future of English rugby could have its roots firmly planted in Tower Hamlets thanks to a new youth academy.

It was launched at Olga Primary School in Bow on March 26 with the academy's patron, England and Harlequins winger, Marland Yarde.

The Clifford Chance Rugby Academy is currently running in ten primary schools across the borough and is working to develop links with Millwall and Blackheath rugby clubs for the most talented children.

It will help with extra training in holiday camps and support with the supply of equipment and transport to and from sessions.

Law firm Clifford Chance is working with Tower Hamlets Youth Sports Foundation on the academy with volunteers attending each school session to give hands-on support to rugby development officer Scott Vinnicombe.

Yarde joined students for the launch and the England winger demonstrated his skills and inspired the children to work even harder in preparation for their tag rugby tournament during the summer.

Pupils also joined students from other schools taking part in the academy in an afternoon game of tag rugby.

Veras take Germany by storm

Karate

GLOBE-trotting Veras Karate Academy reached new heights last month by winning 15 medals and finishing top of the pile in a competition with 53 worldwide associations.

The Poplar club's latest success came in Hamburg in the Elbe Cup. And while the Germans finished top country on their home turf, the east Londoners ended the day as top club.

They won eight gold medals, four silver and three bronze – to further vindicate sensei Raphael Veras' philosophy of taking his charges abroad to test and develop their skills against top class oppositon.

This event saw them up against teams from Norway, Denmark and Holland as well as the host country, but none of the team was fazed by the opposition.

Sensei Veras said: "Although it was a long day, it was well worth it to see our association reaching the top and have other instructors recognising the hard work we have put in for our students.

"To compete in a competition of this stature and finish as the top team makes me very proud and shows that our academy is going in the right direction."

Competitor of the day was nine-year-old Liam Veras who won four golds on his own.

His successes came in the under-10 team kumite where he was joined by brother Luca and Ismail Cinar; in the 10-13 years team kata competing alongside brother Luan, 10, and 11-year-old Seyhan Cinar; under-10 years individual kata; and in the under-10 individual kumite.

Chasing him for top honours was Seyhan Cinar, who pulled off a hat-trick of wins following up his team kata and team kumite successes with victory in the individual kata up to 7th kyu for 10-13 year age groups.

The other golden moments came from Luca Veras in the under-8 kumite and Luan Veras in the individual kata for 10-13 years.

No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. Our listings include everything from cricket to yoga and aerobics to taekwondo.

SEE PAGE 33

Tell the East End

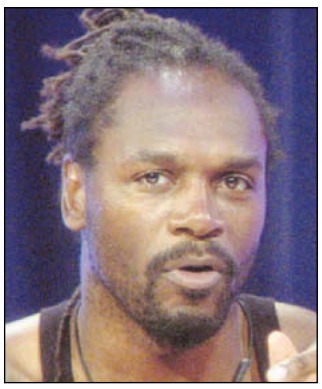
Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Harrison retires after injuries take their toll

BY PETER FAULKNER

AUDLEY Harrison, the former Repton amateur heavyweight champion, is hanging up his boxing gloves because of brain injuries and sight problems sustained during his 38-fight professional career.



Harrison, who became a millionaire overnight after winning Olympic gold in 2000 and signing a lucrative televison deal, admits he is now also facing bankruptcy.

Announcing his retirement, Harrison said: "After years of denial and sticking to my guns, I'm finally getting out of my own way.

"I've suffered a few traumatic brain injuries and will have to work hard to reverse some of the effects taking punches to the head has brought about to my overall health.

"I have vision problems, vestibular issues that lead to balance disturbances, and have serious bouts of irritability and moodiness that comes with TBI recovery.

"I've also made many mistakes financially and learned some tough lessons. I made tons of money and splurged lots of it away with reckless money management, immaturity and a desire to build my empire like Tony Montana.

"Without my boxing income, I will not be able to pay the huge tax bill I pay each year to satisfy the film partnership I invested into in 2004 – so it's still likely I will have to file for bankruptcy in the UK."

Harrison won his first 17 fights against moderate opposition, but his performances were so far below expectations that fight fans turned against him and his marketability suffered.

He won the Matchroom Prizefighter competition twice and was European champion, but was booed out of the ring after being knocked out by David Haye challenging for the WBA title. In his last fight he was knocked out in 70 seconds by American Deontay Wilder.

Harrison threatened a comeback as recently as January at the age of 43. But those knockouts and the toll they have taken mean retirement is surely the only sensible option.

■ BACK at Audley's former Repton base, club hopes of a national champion crashed when both Jamie Branch and Michael Bedaco were both beaten in the London championships. In the North East Division final Branch was outpointed by Lawrence Okoie of Dagenham – the man he beat at the same stage last season and also a former Repton boxer.

Okoie had bad luck too because he had to quit before the next round with injury.

Bedaco won his first contest by outpointing C Paulio (Peacock), but then lost in the final to Charlie Driscoll (Lynn).

Repton officials cannot remember the last time they failed to have a boxer in the next stage of the event.

■ BOW-born Andy Lee is to defend his WBO middleweight title against Peter Quillen in New York on Saturday, April 11.

Lee became champion in Las Vegas last year when he stopped Russian Matt Korobov in six rounds.

Victory could set up a clash with Billy Joe Saunders, trained by Jimmy and Mark Tibbs.

Taekwondo

STEPNEY'S Dragon Taekwondo, formed less than a year ago, won three medals at the English Open Championship.
Hamza Uddin, 16, and Shahariyar Joy, 13, both won silver medals and Burhan Uddin, 15, earned a bronze at the event in Guildford, a good return from what was the club's first competition.
"Tournaments can prove invaluable to our students in developing their taekwondo skills and self control," said Sufi Miah, a third-degree black belt instructor.
The club hold classes on Tuesdays at the Osmani Centre, 58 Underwood Road, E1 for children and adults of all abilities. For further information call 07931 213259.

Brogan, left, with two other medal winners from her club – Samanta Katkevica (level 2) and China Mattis (level 3)

Gymnastics

Brogan gets silver in first competition

BROGAN Sweeney-McIntosh used to love doing handstands whether it was in her garden or in the street.

Now the eight-year-old is making an impression in competitive gymnastics.

In her first ever competition – a level 4 compulsory event at Heathrow Gymnastics Club – she walked away with a silver medal, just three years after taking up the sport.

That impressive performance now means she will compete for London in the national development squad in Stoke at the end of April, where she will face the cream of talent in her age group.

Brogan, who trains up to 30 hours a week in a bid to be the best, started gymnastics when she was only five, training at Mile End Leisure Centre.

She was then spotted by a squad scout and, although her roots are in Tower Hamlets, she now trains in neighbouring Newham at the East London Gymnastics Club.

Rugby

THE Queen Elizabeth Park in Stratford has been chosen as one of the free fanzones where you can enjoy the Rugby World Cup when it begins in September.

Fanzones, which will be free to enter, will be open on match days and at varying times across the six-week tournament providing fans, residents and visitors with the opportunity to enjoy the build-up to matches and join in with the nationwide celebration of rugby.

Each fanzone will include a big screen, with some showing live Rugby World Cup 2015 matches, rugby activities, food and drink, and entertainment.

Squash

NICK Matthew made it a record fifth Canary Wharf squash title when he beat Simon Rosner 11-4, 11-9, 11-7 in a superb contest at the East Wintergarden.

Rosner may have been ranked lower, but he performed exceptionally having beaten James Willstrop and Peter Barker on his way to the final.

Matthew said: "It's amazing to win this title for the fifth time.

"I feel a bit guilty because two years in a row I've been the only person in the building that doesn't want it to go to a five-set match. So apologies for that."

Basketball

THE **London Lions** showed their claws again at the WISE Basketball Arena, beating Bristol Flyers 85-63.

With fourth place now out of their reach, Lions are aiming to end the season on a high note – and they are doing just that.

Lovell Cook top scored with 23 points followed by Andrew Sullivan, 19, and Joseph Ikhinmwin on 16.

Panathlon

STUDENTS from Tower Hamlets finished fourth in the plate tournament at the East London Panathlon finals.

The borough, represented by students from Phoenix and Beatrice Tate Schools, took silver in boccia and bronze in table cricket.

Added to this were fourth-place finishes in the kurling, polybat, field athletics and athletics relays.

More inside...

For stories on hockey, boxing, rugby and diving, and our listings...

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Helping talent to thrive

England rugby player Marland Yarde, left, joined pupils at Olga Primary School for the launch of a borough-wide rugby academy which will help develop new talent.

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TOWER HAMLETS
eastendsport
NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Mohammed in oar-some form

Youngster is crowned national indoor rowing champion

BY PETER FAULKNER

MOHAMMED Mahatir is a wanted man after giving Stepney Green Maths, Computing and Science College the biggest sporting success in their history.

The school, in Ben Jonson Road, Stepney, entered the National Junior Indoor Rowing Championships at Lee Valley Indoor Athletics Centre – and thanks to Mohammed won their first ever gold medal in a national competition.

And the 11-year-old's obvious prowess with the oars has alerted talent scouts from the the universities of Cambridge and Oxford, who now see Mohammed as very much one to watch for the future.

Stepney Green sent 45 youngsters to the event and, although they had confidence in their crew, they never imagined their medal drought would end.

Mohammed Mahatir

Mohammed won the year 7 by rowing 569metres in two minutes.

Team-mate Badrun Ali, 15, came 30th in the year 11 competition while Shahria Hussain, also 15, was 34th.

To cap off a day to remember for the school, the boys' relay team managed a creditable seventh-place finish.

The championships attracted more than 2,000 entries from the best rowing schools and clubs in the country.

Chris Kinnear, school sport co-ordinator who accompanied the team with head of PE, Martin Smith, could not believe what had happened.

He said: "In 21 years at the school this really is the 'stand-out' achievement of this generation.

"We have had many boys who have become London champions in athletics, cricket or badminton and many boys who have gone to national finals.

"However, this is our first national champion.

"This is made even more impressive when you consider that we only introduced rowing about seven years ago and were competing against schools from all over the country with a deep tradition in the event."

TO complete a superb week for Stepney Green College, they also represented Tower Hamlets at badminton in the Balfour Beatty London Youth Games – and distinguished themselves by winning a bronze medal. They were competing with 2,500 other youngsters in Europe's largest annual youth sports event and Tower Hamlets finished third in their mini-league. Each of the schools who competed in the finals had come through a tough qualifying competition in February and there was a high standard of badminton throughout.

Team manager Giovanni Giordano said: "We've already exceeded what we expected to do so just to get to this round was a positive." The medal-winners are pictured with former Great Britain athlete Jo Mersh.

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